

Get Loud

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Helen D'Aguiar (UK)
音樂: Let's Get Loud - Jennifer Lopez



STEP, KICK AND TOUCH, HOLD, 2X LOCKING SHUFFLES FORWARD

1 Step forward on left
2&3 Kick right forward, step right next to left and touch left to side(turning your head to left on count 3)
4 Hold
5&6 Step left forward, lock right behind left, step left forward
7&8 Step right forward, lock left behind right, step right forward
9-16 Repeat 1-8

ROCK STEP, HALF TURN SHUFFLE, CROSS STEP, BACK STEP, CHASSE RIGHT

17-18 Rock forward on left, recover back on right
19&20 Make a half turn over left shoulder shuffling left, right, left
21-22 Cross right over left, step back on left
23&24 Chasse to right

CROSS ROCK STEP, CHASSE LEFT, QTR TURN LEFT (PIVOT TURN, PIVOT TOUCH)

25-26 Cross rock left over right, recover on right
27&28 Chasse to left
29-30 Step forward on right, pivot 1/8 turn left, landing on left foot
31-32 Step forward on right, pivot 1/8 turn left (to complete ¼ turn left), touching left next to right

REPEAT
