

Get Lost!

拍數: 64 牆數: 4 級數: Improver
編舞者: Feather Houlden (UK)
音樂: Heads Carolina, Tails California - Jo Dee Messina



- 1&2 Right kick ball change
3-4 Right step forward, ½ pivot turn over left shoulder
5&6 Right shuffle forward
7-8 Left step forward, ½ pivot turn over right shoulder
- 9-10 Left step forward, hold,
&11-12 Lock right behind left, left step forward, hold,
13-14 Right step forward, hold
&15-16 Lock left behind right, right step forward, hold
- 17&18 Left kick ball change
19-20 Left step forward, ¼ pivot turn over right shoulder
21&22 Left shuffle forward
23-24 Right step forward, ½ pivot turn over left shoulder
- 25-26 Right step forward, hold,
&27-28 Lock left behind right, right step forward, hold,
29-30 Left step forward, hold,
&31-32 Lock right behind left, left step forward, hold
- 33-34 Right cross over left, left step side
35-36 Right cross behind left, left step making ¼ turn left
37-38 Right step forward, ½ pivot turn over left shoulder
39&40 Right shuffle forward
- 41-42 Cross left over right, right step side
43-44 Cross left behind right, right step making ¼ turn right
45-46 Cross left over right, unwind ½ over right shoulder on balls of both feet
47-48 Drop weight onto both heels, hold, (transferring weight onto left)
- 49-50 Step right to right side, touch left behind right
51-52 Step left to left side, touch right beside left
53-54 Step onto right making ¼ turn right, step onto left making ½ turn right
55-56 Step onto right making ¼ turn right, touch left beside right
- 57-58 Step left to left side, touch right beside left
59-60 Step right to right side, touch left beside right
61-62 Step onto left making ¼ turn left, step onto right making ½ turn left
63-64 Step onto left making ¼ turn left, touch right beside left

REPEAT