

Get It Together (P)

COPPER KNOB
STEPSHETS

拍數: 40 牆數: 0 級數: Partner
編舞者: Ann Williams (UK)
音樂: We Work It Out - Joni Harms



Position: Start facing RLOD. Lady on outside holding inside hands. Opposite footwork

STEP, KICK, STEP, KICK, ROCK, RECOVER, STEP, PIVOT

1-2 Step left back, kick right forward
3-4 Step right back, kick left forward
5-6 Step and rock back on left, recover onto right
7-8 Step left forward, pivot ½ turn right

Release hands for the turn, join inside hands facing LOD

¼ TURN SHUFFLES X 3, ROCK, RECOVER

9&10 Step left forward making ¼ turn right and side shuffle
11&12 Step right forward making ¼ turn left and forward shuffle
13&14 Step left forward making ¼ turn right and side shuffle

Join hands in open double hand hold

15&16 Step and rock back on right, recover onto left

STEP FORWARD, KICK, STEP BACK, TOUCH, STEP ½ TURN, HITCH, STEP BACK, TOUCH

17-18 Step right forward, kick left forward, left shoulder to left shoulder
19-20 Step left back, touch right back
21-22 Step right forward and pivot ½ turn left on ball of right, hitch left knee

Release right hand, raise left, lady turns right under raised hands passing mans left side

23-24 Step left back, touch right back

Rejoin hands in open double hand hold

STEP FORWARD, KICK, STEP BACK, TOUCH, STEP ½ TURN, HITCH, STEP BACK, TOUCH

25-26 Step right forward, kick left forward, left shoulder to left shoulder
27-28 Step left back, touch right back
29-30 Step right forward and pivot ½ turn left on ball of right, hitch left knee

Release right hand, raise left, lady turns right under raised hands passing mans left side

31-32 Step left back, touch right back

Rejoin hands in open double hand hold

SIDE ROCK, RECOVER ¼ TURN, ½ TURN SHUFFLE, ½ TURN SHUFFLE, BACK SHUFFLE

33-34 Step and rock right to right side, recover onto left making ¼ turn right to face RLOD

Release right hand for ¼ turn

35&36 Right shuffle making ½ turn right to face LOD

Release inside hands

37&38 Left shuffle making ½ turn right to face RLOD

Rejoin inside hands, lady's right in mans left

39&40 Right shuffle backwards

REPEAT