

Got It Whapped!

拍數: 32
編舞者: jg2 (USA)
音樂: Unknown

牆數: 4

級數:



- 1-2 Walk forward left, walk forward right.
3-4 Walk forward left, scuff ball of right down beside left.
&5 Do 1 Curly Shuffle back scuffing ball of right down.

&6 Repeat steps & 5.
&7 Do 1 Curly Shuffle back scuffing ball of right up.
8 Stomp right down beside left (weight on right).
9 Point left toe in & touch beside right toe, left knee pointing in to right side.
10 Point left toe out & touch left heel beside right toe, left knee pointing in to left side.
11 Repeat step 9.

12 Step left beside right.
13 Point right toe in & touch beside left toe, right knee pointing in to left side.
14 Point right toe out & touch right heel beside left toe, right knee pointing out to right side.
15 Repeat step 13.
16 Repeat step 14.
17-20 Grapevine right, brush kick left forward.

21-22 Hook (cross mid-shin) left in front of right, pivot on ball of right ¼ turn to right & step forward left.
23-26 Step back right, then left, step forward right, pivot on ball of left & make ½ turn to left (weight on left).
27-28 Do 1 right monkeys' walk
29-30 Do 1 left monkeys' walk
31-32 Repeat steps 27-28

REPEAT

Here's what a Curly Shuffle is:

- &5 Scooting back on left, scuff (toe hit) ball of right down beside left
&6 Scooting back on left, scuff (toe hit) ball of right down beside left
&7 Scooting back on left, scuff (toe hit) ball of right up

Here's what a Monkees' Walk is:

Hips will follow leg. You will travel forward, slightly right or left

- 27 Toe pointed, move right leg forward, slightly right
28 Step on right
29 Toe pointed, moving left leg forward, slightly left
30 Step on left
31 Toe pointed, move right leg forward, slightly right
32 Step on right