

Got It Goin On

拍數: 32 牆數: 2 級數:
編舞者: Masters In Line (UK)
音樂: We've Got It Goin' On - Backstreet Boys



MAMBO ROCKS AND FORWARD STEPS, WITH HANDS

- 1 Rock left foot to left side, while touching left fist to right shoulder
- & Replace weight onto right foot, while pushing left fist forward and rotating fist so palm faces ceiling
- 2 Bring left foot together, bringing left fist into left side
- 3 Step long step forward on right foot, leaning back slightly
- 4 Bring left foot together, straightening up
- 5 Rock right foot to right side, while touching right fist to left shoulder
- & Replace weight onto left foot, while pushing right fist forward and rotating fist so palm faces ceiling
- 6 Bring right foot together, bringing right fist to right side
- 7 Step long step forward on left foot, leaning back slightly
- 8 Touch right foot in place, straightening up

SKATES, SHUFFLE ¼ TURN, SLIDE ¼ TURN, BODY ROLL

- 9 Skate right foot to right diagonal
- 10 Skate left foot to left diagonal
- 11&12 Right shuffle ¼ turn to the right
- 13 Step left foot into a long step left while making a ¼ turn to the right
- 14 Slide right foot up to left (no weight)
- 15 Lean head back (looking at ceiling)
- & Lean upper body back
- 16 Sit down (as if sitting on a stool)

TOUCHES AND SLIDES

- 17 Touch right toe to right side
- & Bring right foot together
- 18 Touch left toe to left side
- & Bring left foot together
- 19 Step right foot long step to right
- 20 Touch left foot next to right
- 21 Touch left toe to left side
- & Bring left foot in place
- 22 Touch right toe to right side
- & Bring right foot in place
- 23 Step left long step to left side
- 24 Touch right foot next to left

BOOGIE WALKS AND WALK BACK

- 25 Kick right foot to right side
- & Step right foot next to left
- 26 Step left foot to left diagonal, bending both knees to left
- 27 Step right foot to right diagonal, bending both knees to right
- 28 Step left foot to left diagonal, bending both knees to left
- 29 Walk back on right, clicking fingers
- 30 Walk back on left, clicking fingers

- 31 Walk back on right, clicking fingers
- 32 Touch left next to right

REPEAT

TAG

On the 8th wall the music goes quiet and the Backstreet Boys sing in harmony. At the end of this wall they sing " It's time for me to let it go". After the end of this wall add these four counts then start the dance again:

- 1 Clap hands together
 - 2 Put both palms out to sides and slap hands with people on both sides of you
 - 3 Slap hands on thighs
 - & Clap hands together
 - 4 Click fingers
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