

Gosh

拍數: 32 牆數: 2 級數: Intermediate hip hop
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音樂: Oh My Gosh - Basement Jaxx



JUMP OUT AND IN, ARMS UP, TURN 5/4

- &1 Step right foot to the right, step left foot to the left (jump out, out) arms up in the air
- &2 Step right foot to the left, close left foot next to right foot (jump in, in) arms down
- 3 Right foot step to the right, right arm diagonal up to the right side
- 4 Left foot step to the left, right arm diagonal (crossing your body) down to the left side
- 5 Right foot step to the right facing 3:00 turn body $\frac{1}{4}$
- 6 Left foot step to the right facing 6:00 turn body $\frac{1}{4}$
- 7 Right foot step to the right facing 3:00 turn body $\frac{3}{4}$
- 8 Left foot close next to right foot

AND OUT, HIP ROLL IN 3 COUNTS, ROCK FORWARD, SLIDE BACK

- &1 Step right foot to the right, step left foot to the left (jump out, out)
- 2 Roll hips round from right to left side
- 3 Roll hips round from right to left side
- 4 Roll hips round from right to left side
- 5 Right foot rock forward and bring weight back on left foot
- &6 Right foot back and point left foot (slide)
- 7 Left foot step back 9:00
- &8 Right foot make $\frac{1}{2}$ turn and step forward, left foot step forward 9:00

SLIDE, TURN $\frac{3}{4}$, HIP BUMPS, KICK BALL CROSS

- 1 Right foot to the right while body turn $\frac{1}{4}$ to the left 6:00 (slide)
- 2 Left foot cross behind right foot
- 3 Turn $\frac{3}{4}$ tot the left (unwind)
- 4 Left foot forward
- 5 Right foot step to the right
- 6 Left foot step to the left
- 7 Bump right hip to the right
- 8 Bump right hip to the right

KICK BALL CROSS AND TAP, KICK TO THE RIGHT CROSS OVER AND WHOLE TURN

- 1 Left foot kick diagonal to the left
- &2 Replace left foot and step right foot forward
- 3 Left foot kick diagonal to the left and replace left foot
- &4 Replace left foot and tap too of right foot in 5th position behind left foot
- 5 Turn $\frac{1}{4}$ to the left kick right foot to the right
- 6 Right foot cross over left foot
- 7-8 Turn to the left (unwind) a full turn in 2 counts

REPEAT

TAG 1

After wall 3

WALK FORWARD IN ONE CIRCLE

- 1&2 Right foot forward in $\frac{1}{4}$ turn to the right
- 3&4 Left foot forward in $\frac{1}{4}$ turn to the right

5&6 Right foot forward in $\frac{1}{4}$ turn to the right
7&8 Left foot forward in $\frac{1}{4}$ turn to the right

TAG 2

After wall 7

WALK FORWARD IN ONE CIRCLE

1&2 Right foot forward in $\frac{1}{4}$ turn to the right
3&4 Left foot forward in $\frac{1}{4}$ turn to the right
5&6 Right foot forward in $\frac{1}{4}$ turn to the right
7&8 Left foot forward in $\frac{1}{4}$ turn to the right

WALK FORWARD IN OPEN 3RD POSITION

9-10 Right foot forward
11-12 Left foot forward
13-14 Right foot forward
15-16 Left foot forward

PIVOT TURN RIGHT CLAP HANDS, TURN RIGHT CLAP HANDS

1 Right foot step to the right, turn body $\frac{1}{4}$ (6:00)
2 Left foot $\frac{1}{2}$ turn to the right
3 Right foot $\frac{1}{4}$ turn to the right
4 Left foot close next to right foot, clap hands
5 Left foot step to the left, turn body $\frac{1}{4}$
6 Right foot $\frac{1}{2}$ turn to the left
7 Left foot $\frac{1}{4}$ turn to the left
8 Right foot close next to left foot, clap hands (6:00)
