

Goodbye To You

COPPER **NOB**
BY STEPHEN

拍數: 64 牆數: 4 級數: Beginner
編舞者: Eileen Benfield (AUS)
音樂: Goodbye To You - Billy Bridge



BRUSH-UP, TWIST TO THE RIGHT

1-2-3-4 Right brush up (right heel forward, brush up in front of left, right heel forward, together)
1-2-3-4 (Traveling to the right) twist heels, toes, heels, toes

BRUSH-UP, TWIST TO THE LEFT

1-2-3-4 Left brush up (left heel forward, brush up in front of right, left heel forward, together)
1-2-3-4 (Traveling to the left) twist heels, toes, heels, toes

HIP BUMPS RIGHT, HIP BUMPS LEFT, HIPS RIGHT, LEFT, RIGHT, LEFT

1&2 Stepping slightly forward on right, push hips to the right twice
3&4 Push hips to the left twice
1-2-3-4 Push hips right, left, right, left

SHUFFLE FORWARD, ROCK, ROCK, SHUFFLE BACK, ROCK, ROCK

1&2-3-4 Shuffle forward right, left, right, rock forward on left, rock back on right
1&2-3-4 Shuffle back left, right, left, rock back on right, rock forward on left

TOUCH, HOLD, & TOUCH, HOLD, & TOUCH, & TOUCH, & 45, & 45

1-2&3-4 Touch right toe to right, hold, & step right in place while touching left toe to left, hold
&1&2& Step left together. Touch right toe to side, & step right together. Touch left toe to side
&3&4&& Step left together. Touch right heel forward, & step right together. Touch left heel forward, & step left together

45 STEP & CLAP, 45 STEP & CLAP, 45 STEP & CLAP, 45 STEP & CLAP

1-2-3-4 Step forward 45 degrees. Right, touch left beside right & clap, step forward 45 degrees left, touch right beside left & clap.
1-2-3-4 Step forward 45 degrees. Right, touch left beside right & clap, step forward 45 degrees left, touch right beside left & clap

STEP 45 PADDLE, 45 PADDLE. (¼ TURN LEFT COMPLETED)

1-2-3-4 Step forward 45 degrees right, pivot 45 degrees left, step forward 45 degrees right, pivot 45 degrees left. (¼ turn completed)

ROCK, ROCK, HALF TURN TRIPLE STEP. (REPEAT)

1-2-3&4 Rock forward right, rock back left, turning ½ turn right stepping right, left, right
1-2-3&4 Rock forward left, rock back right, turning ½ turn left stepping left, right, left

SIDE ROCK, ROCK, STEP TOGETHER, HOLD

1-2-3-4 Rock-step right to right, return weight to left, step right together. Hold

REPEAT