

Goodbye Lover

COPPER **NOB**
BY STEPHEN

拍數: 56 牆數: 4 級數: Intermediate
編舞者: Jenny Constantine (UK)
音樂: Morning Train - Nanci Griffith



HEEL HOOKS WITH KICKS

- 1-2 Extend right heel forward, hook right heel under left knee
3-4 Kick right forward, kick right to right side
&5-6 Quickly switch weight to right, extending left heel, hook left heel under right knee
7-8 Kick left foot forward, kick left to left side

TOUCH HALF TURNS, STEP LEFT HALF TURN, LEFT TURNING SHUFFLE

- 9-10 Touch left toe behind, turn half turn to left putting weight on left
11-12 Touch right toe behind, turn half to right putting weight on right
13-14 Step left forward, turn half turn right
15&16 Turn half turn right doing a turning shuffle starting on left foot, ending with weight on left

SYNCOPATED HALF TURN MONTEREYS TRAVELING FORWARD

- 17-18 Point right toe to right side, hold
&19-20 Turn half turn right quickly switching weight to right moving slightly backwards and point left toe to left side, hold
&21-22 Quickly switch weight to left moving slightly backwards pointing right to right side, hold
&23-24 Repeat &19-20 only moving slightly forward not back.

ROCK STEP, ¾ TURN, SIDE ROCK STEP, LEFT BEHIND, UNWIND HALF TURN

- &25-26 Quickly switch weight to left, rock forward onto right, rock back on left
27&28 Do ¾ turning triple step starting on right
29-30 Step left to left side and rock weight onto it and back onto right
31-32 Touch left behind right, unwind half turn left

ROCK BACK, FORWARD, LEFT TURNING TRIPLE, LEFT ROCK BACK, JUMPS OUT AND IN

- &33-34 Quickly jump weight back onto right, extending left heel, rock weight onto left
35&36 Turn ¾ left doing a triple step starting on right
37-38 Rock left foot back, rock weight back onto right
&39 Jump left quickly to left side, then right to right side
&40 Turning ¼ left quickly jump left in and right next to it

STEP SLIDE, SYNCOPATED STEPS TO RIGHT

- 41-44 Take a big step to left, dragging right to it for 4 counts
45-46 Point right toe to right side, hold putting some weight onto right toe (on the hold you could push your right knee in)
&47-48 Bring left foot to right foot's place, while again pointing right toe to right side, hold putting some weight onto right

SYNCOPATED STEP, FULL TURN, GRAPEVINE, STOMP TWICE

- &49 Bring left foot to right foot's place while stepping right to right side, putting all weight on right foot
50-51 Step left turning ¼ right, turn half turn right putting weight onto right
52-53-54 Step left turning ¼, step right behind left, step left to left side
55-56 Stomp right in place, stomp left in place

REPEAT

For walls 3 and 6 counts 49-56 should be omitted to fit with music, and counts &47,48 should be

& Bring left foot to right foot's place

47 Step right $\frac{1}{4}$ right

48 Stomp left in place
