## **Good-Times**



編舞者: Brett Jenkins (AUS)

音樂: Blame It On the Boogie - The Jacksons



1&2	Forward samba right (step right foot across in front of left, rock left foot to left side, rock right to right side)
3&4	Forward samba left (step left foot across in front of right, rock right foot to right side, rock left to left side)
5&6&	Rock forward onto right, rock back onto left, make a $\frac{1}{2}$ turn back to the right and rock forward on the right foot, rock back onto left
7&8&	Make a ¼ turn right and rock forward onto the right foot, rock back onto left, make a ¼ turn right and step forward on the right foot, touch left beside right
1-4	Step left forward to the left 45 degrees, step right beside left, repeat previous 2 counts
&5&6	Step left out to left side, step right out to right side, step left foot in, step right foot next to left

7-8 Step left foot back, step right foot to right side

1-4 Tap the right heel 4 times (on the last tap, put the weight on the right foot)

Optional hand move: while doing previous 4 counts, at shoulder height, move your left hand from the left side of your body to the right side

&5-6 Rock weight onto left foot, touch right foot across in front of left, hold for count 6

7-8 Unwind a ¼ turn to the left while rising onto your toes and back onto your heels to get a bop

effect, repeat for count 8 end with weight on left foot

Optional hand move: while doing previous 2 counts, at shoulder height, put left hand out in front of body and move the hand with the body on the  $2 \frac{1}{4}$  turns

1&2	Rock right foot forward to the right 45 degrees, rock weight onto left, rock weight onto right
3&4	Rock left foot forward to the left 45 degrees, rock weight onto right, rock weight onto left
5-6	Step right out to right side, hold for count 6
&7&8	Twist heels to the left, twist heels to the right, twist heels to the left, twist heels to the center
	ending with weight on the left foot

## **REPEAT**