

Good Woman's Love

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Leonie Smallwood (AUS)
音樂: Good Womans Love - Troy Cassar-Daley



STOMP, CLAP

- 1-4 Stomp right forward, clap, stomp left forward, clap
- 5-8 Stomp right forward, clap, stomp left forward, clap
- 1-4 Kick right forward, hop onto right, kick left forward, hop onto left
- 5-8 Kick right forward, hop onto right, step left forward, hold

SLOW HEEL JACKS

- &1-2&3-4 Step right to right side, left 45, hold, step left to center, step right beside left, hold
- &5-6&7-8 Step left to left side, right 45, hold, step right to center, touch left beside left, hold

PUSH-OFF ¼ TURNS

- 1-4 Step/rock forward onto left, replace weight to right, turn ¼ turn left on right to step/rock forward onto left, replace weight to right
- 5-8 Turn ¼ turn left on right to step/rock forward onto left, replace weight to right, turn ¼ turn left on right to step forward onto left, touch right beside left

FIGURE EIGHT FRIEZES

- 1-4 Step right to right side, step left across behind right, step right to right side, scuff left beside right
- 5-8 Touch left forward, pivot ½ turn right on right, touch left forward, pivot ½ turn right on right
- 1-4 Step left to left side, step right across behind left, step left to left side, scuff right beside left
- 5-8 Touch right forward, pivot ½ turn left on left, touch right forward, pivot ½ turn left on left

FIGURE EIGHT STEP-PIVOTS

- 1-4 Step right toe to right side, drop right heel & slap right thigh with right hand, turn ¼ turn right to touch left forward, pivot ¾ turn right on right
- 5-8 Step left toe to left side, drop left heel & lap left thigh with left hand, turn ¼ turn left to touch right forward, pivot ¾ turn left on left

TOE-HEEL TWISTS

- 1-4 Touch right toe beside left (turned in), hold, touch right heel beside left (turned out), hold
- 5-8 Touch right beside left foot toe, heel, toe, heel, while twisting left foot heel, toe, heel, toe moving to the right & around the corner (¼ turn right to the new wall)

REPEAT

TAG

Every chorus add 4 extra beats - after push-off turns touch right toe to right side, slap right foot behind left knee with left hand, touch right toe to right side, slap right foot behind left knee with left hand, then go into figure eight friezes

BONUS STEPS

End of third wall and fourth wall, repeat last 8 counts (toe heel twists) travel ½ turn right. Start new wall facing front