

Good To Be Gone

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Alan Birchall (UK)
音樂: Good to Be Gone - Sugababes



BACK ROCK, RECOVER, SIDE SHUFFLE WITH ¼ TURN, STEP, PIVOT, ¼ SIDE SHUFFLE

1-2 Cross rock right behind left, recover on left
3&4 Step right to right, step left by right, step right to right making ¼ turn right (3:00)
5-6 Step forward on left, ½ pivot right (9:00)
7&8 Making ¼ turn right step left to left, step right by left, step left to left (12:00)

BEHIND, ¼ TURN, STEP, ¼ PIVOT, CROSS, POINT TWICE

9-10 Cross right behind left, step left to left making ¼ turn left (9:00)
11-12 Step forward on right, ¼ pivot left (6:00)
13-14 Cross right over left, point left to left
15-16 Cross left over right, point right to right

CROSS SHUFFLE, ¼ TURN, STEP, ½ PIVOT, FORWARD SHUFFLE

17&18 Cross right over left, step left to left, cross right over left
19-20 Making ¼ turn right step back on left, making ½ turn right step forward on right (3:00)
21-22 Step forward on left, ½ pivot right (9:00)
23&24 Step forward on left, step right by left, step forward on left

PRESS, RECOVER, COASTER, STEP, ½ PIVOT, ½ TRIPLE TURN

25-26 Press forward on right foot, recover on left
27&28 Step back on right, step left by right, step forward on right
29-30 Step forward on left, ½ pivot right (3:00)
31&32 Make ½ triple turn right stepping left, right, left (9:00)

HIP WALK BACKWARDS TWICE, KICK BALL STEP FORWARD TWICE

34&34 Step back on right bumping hips right, left, right
35&36 Step back on left bumping hips left, right, left
37&38 Kick right foot forward, step right by left, step forward on left
39&40 Kick right foot forward, step right by left, step forward on left

LEAN HEEL TAPS, KICK, JUMP BACK, SWAYS

41-42 Lean forward on ball of right, tap right heel down
43-44 Tap right heel down kick right foot slightly forward
&45-46 Jump back stepping right to right, left to left, sway left
47-48 Sway right sway left

Alternative: hip bumps or whatever feels good

REPEAT
