

Good Times

COPPER **NOB**
BY STEPHEN

拍數: 64
編舞者: Christine O'Connor (IRE)
音樂: Good Times - Shakira

牆數: 2

級數: Intermediate/Advanced



RIGHT SIDE ROCK, SAILOR STEP

1-4 Step right foot to right side, replace weight onto left, step right foot behind left, step left next to right, step right foot forward

LEFT SIDE ROCK, SAILOR STEP

5-8 Step left foot to left side, replace weight onto right, step left foot behind right, step right next to left, step left foot forward

POINT, HOOK A ½ TURN, RIGHT LOCK STEP

9-12 Point right foot forward, hook right over left and do half turn, step right foot forward, lock left behind right, step right foot forward

SIDE ROCK, CROSS SHUFFLE

13-16 Step left foot to left side, replace weight onto right, cross left over right, step right foot to right side, cross left over right

POINT, HOOK A ½ TURN, RIGHT LOCK STEP

17-20 Point right foot forward, hook right over left and do half turn, step right foot forward, lock left behind right, step right foot forward

SIDE ROCK, CROSS SHUFFLE

21-24 Step left foot to left side, replace weight onto right, cross left over right, step right foot to right side, cross left over right

MONTEREY TURN, OUT AND TOUCH

25-28 Point right foot to right side, close and do half turn, point left to left side, close left to right

POINT, SIDE HITCH, POINT, KICKBALL STEP

29-32 Point right to right side, raise right foot next to left calf and immediately point right to right side again, kick right foot forward, close right to left, step left foot forward

ROCK FORWARD, ROCK BACK

33-36 Step right foot forward, replace weight onto left, step left foot back, replace weight onto right

ROCK FORWARD, TRIPLE FULL TURN

37-40 Step right foot forward, replace weight onto left, turn 4 walls in 3 steps

ROCK FORWARD, ½ TURN

41-44 Step left forward, replace weight onto right, turn ½ turn and step on left foot, close right to left

APPLE JACKS, STEP TOGETHER

45-48 Put weight on left heel and right ball of foot, swivel left toe and right heel to left side, close together, put weight on right heel and left ball of foot, swivel right ball toe and left heel to right side, close together, step right forward, close left to right

TOE STRUTS

49-52 Tap right toe back, place heel down, tap left toe back, place heel down

BACK, HEEL, STEP TAP

53-56 Step back on right foot, left heel forward, place left foot down, step right to left

FULL TURN, GRAPEVINE

57-60 Step $\frac{1}{4}$ right foot, step $\frac{1}{4}$ left foot, step $\frac{1}{2}$ right foot (or step right to left), step left behind right, step right to right side, tap left next to right

$\frac{1}{4}$ SHUFFLE, $\frac{1}{4}$ TURN

61-64 Step left foot $\frac{1}{4}$ turn, step right to left, step left forward, step right forward, turn $\frac{1}{4}$, and shift weight to left foot

REPEAT
