

Good Time

COPPER KNOB
STEPPING

拍數: 32 牆數: 4 級數: Intermediate polka
編舞者: Karen Hedges (USA)
音樂: Get In Line - Nancy Hays



RIGHT SIDE ROCK BEHIND AND CROSS CHASSE LEFT STEP ½ LEFT

1-2 Rock out side right recover left
3&4 Step right behind left & stepping back slightly on ball of left cross right over left
5&6 Step left bring right to meet left, step left
7-8 Step forward right, ½ turn left shift weight to left

RIGHT COASTER STEP LEFT TRIPLE ¼ TURN LEFT

1-2 Rock forward right, recover left
3&4 Step back right bring left to meet right, step forward right
5&6 Step forward left bring right to meet left, step forward left
7-8 Step forward right, ¼ turn left shift weight to left

SIDE TRIPLE RIGHT ½ TURN SIDE TRIPLE LEFT FORWARD TRIPLE STEP ½ TURN RIGHT

1&2 Step side right bring left to meet right, step side right making ½ turn right
3&4 Step side left bring right to meet left, step side left
5&6 Step forward right bring left to meet right, step forward right
7-8 Step forward left, ½ turn right shift weight to right

ROCK STEP LEFT COASTER STEP FORWARD RIGHT TRIPLE KICK AND TOUCH

1-2 Rock forward left, recover right
3&4 Step back left bring right to meet left, step forward left
5&6 Step right forward bring left to meet right, step forward right
7&8 Kick left forward stepping on left, touch right toe next to instep of left

REPEAT
