

Good Time

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Michelle Chandonnet (CAN)
音樂: Such A Good Time - The Dean Brothers



HEEL GRINDS

- 1-2 Touch right heel forward with right toes to left, drop right foot twisting toes to right
- 3-4 Touch left heel forward with left toes to right, drop left foot twisting toes to left
- 5-6 Touch right heel forward with right toes to left, drop right foot twisting toes to right
- 7-8 Touch left heel forward with left toes to right, drop left foot twisting toes to left

HEEL, HOOK/SLAP (TWICE), HEEL GRIND, STEP, STEP

- 1-2 Touch right heel to right, right hook behind left leg/slap right heel with left hand
- 3-4 Touch right heel to right, right hook behind left leg/slap right heel with left hand
- 5-6 Touch right heel forward with right toes to left, twist right toes to right
- 7-8 Step right back beside left foot, step left in place

CROSSED HEEL SPLITS (ON BALL OF FEET)

- 1 Step right toes crossed in front of left foot twisting heels inside
- 2 Step left to left twisting heels outside
- 3 Step right toes crossed in front of left foot twisting heels inside
- 4 Step left to left twisting heels outside
- 5 Step right toes crossed in front of left foot twisting heels inside
- 6 Step left to left twisting heels outside
- 7 Step right toes crossed in front of left foot twisting heels inside
- 8 Step left to left dropping both feet together

GRAND STEP, HOLD, SLIDE, HOLD, HEEL SWITCHES

- 1-2 Grand step right $\frac{1}{4}$ turn to right, hold
- 3-4 Slide left beside right foot turning $\frac{1}{4}$ turn to left, hold
- &5&6 Step right back, touch left heel forward, step left in place, step right beside left foot
- &7&8 Step left back, touch right heel forward, step right in place, step left beside right foot

STEP, $\frac{1}{4}$ TURN, STOMP, STOMP, STEP $\frac{1}{4}$ TURN, STOMP, STOMP

- 1-2 Step right forward, $\frac{1}{4}$ turn to left
- 3-4 Stomp right beside left foot, stomp left beside right foot
- 5-6 Step right forward, $\frac{1}{4}$ turn to left
- 7-8 Stomp right beside left foot, stomp left beside right foot

STEP, SCOOT, STOMP, STOMP, CLAP, CLAP, DOUBLE HEEL CLAPS

- 1-2 Step right forward, slide right foot forward raising left knee
- 3-4 Stomp left in place, stomp right beside left foot
- 5-6 Clap hands (twice)
- 7-8 Clap heels together (twice)

TWISTS, CLAPS

- 1-2 Twist heels to right, twist toes to right
- 3-4 Twist heels to right, clap hands
- 5-6 Twist heels to left, twist toes to left
- 7-8 Twist heels to center, clap hands

MONTEREY TURN (¼ TURN), MONTEREY TURN (½ TURN)

- 1-2 Touch right toe to right, pivot ¼ turn to right on ball of left foot bringing right foot beside left
- 3-4 Touch left toe to left, step left beside right foot
- 5-6 Touch right toe to right, pivot ½ turn to right on ball of left foot bringing right foot beside left
- 7-8 Touch left toe to left, step left beside right foot

REPEAT
