

# Good Time

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Michelle Chandonnet (CAN)  
音樂: Such A Good Time - The Dean Brothers



## HEEL GRINDS

- 1-2      Touch right heel forward with right toes to left, drop right foot twisting toes to right
- 3-4      Touch left heel forward with left toes to right, drop left foot twisting toes to left
- 5-6      Touch right heel forward with right toes to left, drop right foot twisting toes to right
- 7-8      Touch left heel forward with left toes to right, drop left foot twisting toes to left

## HEEL, HOOK/SLAP (TWICE), HEEL GRIND, STEP, STEP

- 1-2      Touch right heel to right, right hook behind left leg/slap right heel with left hand
- 3-4      Touch right heel to right, right hook behind left leg/slap right heel with left hand
- 5-6      Touch right heel forward with right toes to left, twist right toes to right
- 7-8      Step right back beside left foot, step left in place

## CROSSED HEEL SPLITS (ON BALL OF FEET)

- 1      Step right toes crossed in front of left foot twisting heels inside
- 2      Step left to left twisting heels outside
- 3      Step right toes crossed in front of left foot twisting heels inside
- 4      Step left to left twisting heels outside
- 5      Step right toes crossed in front of left foot twisting heels inside
- 6      Step left to left twisting heels outside
- 7      Step right toes crossed in front of left foot twisting heels inside
- 8      Step left to left dropping both feet together

## GRAND STEP, HOLD, SLIDE, HOLD, HEEL SWITCHES

- 1-2      Grand step right  $\frac{1}{4}$  turn to right, hold
- 3-4      Slide left beside right foot turning  $\frac{1}{4}$  turn to left, hold
- &5&6      Step right back, touch left heel forward, step left in place, step right beside left foot
- &7&8      Step left back, touch right heel forward, step right in place, step left beside right foot

## STEP, $\frac{1}{4}$ TURN, STOMP, STOMP, STEP $\frac{1}{4}$ TURN, STOMP, STOMP

- 1-2      Step right forward,  $\frac{1}{4}$  turn to left
- 3-4      Stomp right beside left foot, stomp left beside right foot
- 5-6      Step right forward,  $\frac{1}{4}$  turn to left
- 7-8      Stomp right beside left foot, stomp left beside right foot

## STEP, SCOOT, STOMP, STOMP, CLAP, CLAP, DOUBLE HEEL CLAPS

- 1-2      Step right forward, slide right foot forward raising left knee
- 3-4      Stomp left in place, stomp right beside left foot
- 5-6      Clap hands (twice)
- 7-8      Clap heels together (twice)

## TWISTS, CLAPS

- 1-2      Twist heels to right, twist toes to right
- 3-4      Twist heels to right, clap hands
- 5-6      Twist heels to left, twist toes to left
- 7-8      Twist heels to center, clap hands

**MONTEREY TURN (¼ TURN), MONTEREY TURN (½ TURN)**

- 1-2 Touch right toe to right, pivot ¼ turn to right on ball of left foot bringing right foot beside left
- 3-4 Touch left toe to left, step left beside right foot
- 5-6 Touch right toe to right, pivot ½ turn to right on ball of left foot bringing right foot beside left
- 7-8 Touch left toe to left, step left beside right foot

**REPEAT**

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