

A Good Thing

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Tracie Lee (AUS)
音樂: Too Much Of A Good Thing Is A Good Thing - Alan Jackson



BACK, DRAG, BALL CHANGE, STEP, STEP ½ PIVOT, ½ TURNING SHUFFLE

1-2 Step left back at left diagonal, drag right towards left
&3-4 Step back on ball of right, step left forward, step right forward
5-6 Step left forward, pivot ½ turn right taking weight to right
7&8 Shuffle forward left, right, left making a ½ turn right

½ TURNING SHUFFLE, ROCK FORWARD, REPLACE, ½ TURN, ¼ TURN, LEFT SAILOR STEP

1&2 Shuffle back right, left, right making a ½ turn right
3-4 Rock forward on left, replace weight to right
5-6 Turn ½ turn left & step left forward, turn ¼ turn left & step right to right side
7&8 Step left behind right, step right to right side, step left to left side (sailor step)

BEHIND, POINT, BEHIND, POINT, BALL CROSS SIDE, BEHIND SIDE CROSS

1-2 Step right behind left, point left toe to left side
3-4 Step left behind right, point right toe to right side
&5-6 Step back on ball of right, step left across right, step right to right side
7&8 Step left behind right, step right to right side, step left across right

ROCK SIDE, REPLACE, CROSS SHUFFLE, ¾ TURN, STEP FORWARD, TAP

1-2 Step/rock right to right side, replace weight to left
3&4 Step right across left, step left to left side, step right across left (cross shuffle)
5-6 Turn ¼ turn right & step left back, turn ½ turn right & step right forward
7-8 Step left forward, tap right beside left

Restart happens here

BACK DRAG, DOUBLE HIPS BUMP LEFT, REPEAT

1-2 Step right back at right diagonal, drag left toward right
3&4 Step left back at left diagonal pushing hips left, push hips right, push hips left
5-6 Step right back at right diagonal, drag left toward right
7&8 Step left back at left diagonal pushing hips left, push hips right, push hips left

ROCK BACK, REPLACE ½ PIVOT, ½ TURNING SHUFFLE, ROCK BACK, REPLACE

1-2 Step/rock back on right, rock forward onto left
3-4 Step right forward, pivot ½ turn left taking weight to left
5&6 Shuffle forward right, left, right turning ½ turn left
7-8 Rock back on left, rock forward on right

½ TURN STEP BACK, HOLD, RIGHT COASTER STEP, REPEAT

1-2 Turn ½ turn right & step left back, hold
3&4 Step right back, step left beside right, step right forward (coaster step)
5-6 Turn ½ turn right & step left back, hold
7&8 Step right back, step left beside right, step right forward (coaster step)

STEP FORWARD, KICK BALL CHANGE WITH ¼ TURN LEFT TWICE, ROCK FORWARD, BACK, ½ TURN RIGHT STEP FORWARD

1 Step left forward
2&3 Kick right forward, turning ¼ turn left step in place right, left

4&5 Kick right forward, turning $\frac{1}{4}$ turn left step in place right, left
6-7 Rock forward on right, rock back on left
8 Turn $\frac{1}{2}$ turn right & step right slightly forward
Push off right foot to start dance again)

REPEAT

RESTART

**On the third wall (instrumental), dance 32 counts and replace count 32 with a step instead of a tap
Dance finishes on count 16. Make $\frac{1}{4}$ turn left with the sailor step to face front**
