

A Good Thing Going On

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Pete Harkness (UK) & Gary Lafferty (UK)
音樂: Too Much Of A Good Thing Is A Good Thing - Alan Jackson



SIDE, TOGETHER, SIDE-SHUFFLE ¼ TURN ; STEP FORWARD, ½ TURN, SHUFFLE ½ TURN

1-2 Step to right on right foot, step on left foot beside right
3&4 Step to right on right foot, step on left foot beside right, turn ¼ right stepping forward onto right foot
5-6 Step forward on left foot, pivot ½ turn to right
7&8 Shuffle forward, turning ½ right, stepping on left-right-left

ROCK BACK, RECOVER, CROSS RIGHT, ¼ TURN BACK ; SHUFFLE BACK, ROCK BACK, RECOVER

1-2 Rock back on right foot, recover weight onto left foot
3-4 Cross-step right foot over left, turn ¼ right stepping back onto left foot
5&6 Step back on right foot, step on left foot beside right, step back on right foot
7-8 Rock back on left foot, recover weight onto right foot

CROSS LEFT, ¼ TURN BACK, LEFT SHUFFLE BACK ; ROCK BACK, RECOVER, FULL TURN FORWARD

1-2 Cross-step left foot over right, turn ¼ left stepping back onto right foot
3&4 Step back on left foot, step on right foot beside left, step back on left foot
5-6 Rock back on right foot, recover weight onto left foot
7-8 Turn ½ left stepping back onto right foot, turn ½ left stepping forward onto left

Alternatives to replace the full turn:

KICK-BALL-STEP OR WALK WALK

7&8 Kick right foot forward, step on right foot beside left, step forward on left foot

Or

7-8 Step forward on right foot, step forward on left foot

CROSS, SIDE, BEHIND, SWEEP ; BEHIND, SIDE, CROSS-SHUFFLE

1-2 Cross-step right foot over left, step to left on left foot
3-4 Cross-step right foot behind left, sweep left foot around from front to back
5-6 Cross-step left foot behind right, step to right on right foot
7&8 Cross-step left foot over right, step to right on right foot, cross-step left foot over right

REPEAT
