

Good Ride Cowboy

COPPER KNOB
BY STEPHEN T. C.

拍數: 32 牆數: 4 級數: Improver east coast swing
編舞者: Helen Born (USA) & Nita Lindley (USA)
音樂: Good Ride Cowboy - Garth Brooks



SYNCOPATED FORWARD ROCKS STEPS, BACK RIGHT SHUFFLE, ROCK STEP

1-2&3-4 Rock forward on left, rock back on right, step left quickly beside right, rock forward on right, rock back on left
5&6-7-8 Shuffle back stepping right left right, rock back on left, rock forward on right

DIAGONAL FORWARD GALLOPS TO LEFT AND RIGHT WITH TOUCHES

1&2&3-4 Step left forward, right together, step left forward, right together, step left forward, step right next to left
5&6&7-8 Step right forward, left together, step right forward, left together, step right forward, step left next to right

TWIST, ¼ TURN LEFT WITH KICK, SHUFFLE, ½ TURN LEFT

1-2-3-4 Twist left, right, twist ¼ turn left, kick left forward
5&6-7-8 Shuffle left right left, step forward right, pivot ½ turn left

DOUBLE WEAVE RIGHT, PIVOT ½ TURN RIGHT

1-2-3-4 Step right, step left slightly behind right, step right, step left over right
5-6-7-8 Step right, step left slightly behind right, step right, on ball of right pivot ½ turn right

REPEAT
