

Good Ride

拍數: 32 牆數: 4 級數: Improver east coast swing
編舞者: David Sickles (USA)
音樂: Good Ride Cowboy - Garth Brooks



4 HEEL GRINDS FORWARD

- 1-2 Touch right heel forward, turn right toes out to right side (optional clap)
- 3-4 Touch left heel forward, turn left toes out to left side (optional clap)
- 5-6 Touch right heel forward, turn right toes out to right side (optional clap)
- 7-8 Touch left heel forward, turn left heel out to left side (optional clap)

SHUFFLE FORWARD WITH ½ TURN PIVOTS

- 1&2 Step right foot forward, bring left foot up next to right, step right foot forward
- 3-4 Step left foot forward, turn ½ turn right and step on right
- 5&6 Step left foot forward, step right foot next to left, step left foot forward
- 7-8 Step forward on right foot, turn ½ turn left and step on left

WEAVE LEFT AND RIGHT WITH A POINT

- 1-2-3-4 Cross right foot over left, step left foot to the left, cross right foot behind left, point left toe to the left
- 5-6-7-8 Cross left foot over right, step right foot to the right, cross left foot behind right, point right toe to the right

CROSS SHUFFLES WITH ROCK STEPS AND ¼ TURN LEFT

- 1&2 Cross right foot over left, step to the left with left, cross right foot over left
- 3-4 Step left foot to the left, rock back onto right foot
- 5&6 Cross left foot over right, step right foot to the right, cross left foot over right
- 7-8 Step right foot to the right, rock back onto left making a ¼ turn to the left

REPEAT
