

Good Old Days

COPPER KNOB
STEPPERS

拍數: 48
編舞者: Unknown

牆數: 4

級數: Beginner straight rhythm

音樂: The Good Old Days - Roger Miller



HEEL TAPS

- 1 Tap left heel forward
- 2 Touch left foot next to right foot
- 3 Tap left heel forward
- 4 Step left foot next to right foot
- 5 Tap right heel forward
- 6 Touch right foot next to left foot
- 7 Tap right heel forward
- 8 Step right foot next to left foot

HEEL SPLITS, FORWARD STRUTS

- 9 Swivel heels apart
- 10 Swivel heels together
- 11-12 Repeat counts 9-10
- 13 Step forward on left foot
- 14 Step forward on right foot
- 15 Step forward on left foot
- 16 Step forward on right foot

HEEL TAPS

- 17 Tap left heel forward
- 18 Touch left foot next to right foot
- 19 Tap left heel forward
- 20 Step left foot next to right foot
- 21 Tap right heel forward
- 22 Touch right foot next to left foot
- 23 Tap right heel forward
- 24 Step right foot next to left foot

HEEL SPLITS, FORWARD STRUTS

- 25 Swivel heels apart
- 26 Swivel heels together
- 27-28 Repeat counts 25-26
- 29 Step forward on left foot
- 30 Step forward on right foot
- 31 Step forward on left foot
- 32 Step forward on right foot

CHARLESTON KICKS

- 33 Step forward on left foot
- 34 Kick forward with right foot
- 35 Step back on left foot
- 36 Touch left foot next to right foot
- 37-40 Repeat counts 33-36

SOLO ¾ LEFT FOOT TURN CIRCLE WALK

- 41 Step to the left on left foot, starting to make a $\frac{3}{4}$ circle
- 42 Step on right foot
- 43 Step on left foot
- 44 Step on right foot
- 45 Step on left foot
- 46 Step on right foot
- 47 Step on left foot
- 48 Step on right foot completing $\frac{3}{4}$ solo left turn

REPEAT
