

Good Night Groove

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate/Advanced
編舞者: John Robinson (USA)
音樂: On a Good Night - Wade Hayes



KICK & POINT, ¼ PIVOT LEFT, STOMP, TOUCH, ¼ TURN RIGHT, STOMP 2X

1&2 Right kick forward, right step next to left, left toe touch side left
3-4 Pivot ¼ turn left onto left foot, right stomp next to left keeping weight on left
5-6 Right toe touch side right, pivot ¼ turn right stepping right next to left
7-8 Left stomp next to right twice, placing weight on left

SYNCOPATED TOE-HEEL-TOE POINTS, ARM SNAP, HIP ROLLS WITH WEIGHT CHANGE

1&2 Right toe touch side right, right step next to left, left heel forward
&3-4 Left step next to right, right toe touch side right, snap right arm out and snap fingers
5-6 Roll hips left to right, start shifting weight over right foot
7-8 Roll hips left to right, settling weight over right foot

SYNCOPATED TOE TAPS WITH WEIGHT SHIFTS (TRAVELING LEFT), KICK, CROSS, SYNCOPATED HEEL SWIVEL WITH ¼ TURN LEFT

For the next four counts, travel slightly left

1&2 Left toe tap side left, left step down in place shifting weight and body over left foot, right toe tap side right
8&3&4 Right slide next to left shifting weight and body over right foot, left toe tap side left, left step down in place shifting weight and body over left foot, right toe tap side right
5-6 Right kick forward, right cross over left touching ball of foot to floor
7&8 With weight on balls of feet, swivel heels right, then center, then right again turning ¼ left and shifting weight to right foot

STOMP, HAND JIVE, KNEE POPS, HIP ROLL WITH PELVIC THRUST

&1-2 Left hitch raising knee, left stomp side left about shoulder-width apart from right, swing arms down and back, brushing palms of hands on outsides of thighs
3-4 Swing arms up and forward, brushing palms of hands on outsides of thighs, clap
5-6 Right knee pop toward left leg, straighten right leg/left knee pop toward right leg
7-8 Roll hips left to right placing weight over left foot, thrust hips forward and raise right heel

REPEAT