

Good News

拍數: 40 牆數: 2 級數: Intermediate
編舞者: Judy White (CAN)
音樂: No News - Lonestar



- 1-2 Jump out (feet apart), clap hands
3-4 Jump together (feet together), clap hands
5 Cross right over left
6 ½ turn to left
7-8 Pause, clap hands
- 9& Step right forward, step left next to right
10& Step right forward, step left next to right
11 Step right forward
12 Stomp/scuff left
13& Step left forward, step right next to left
14& Step left forward, step right next to left
15-16 Step left forward, stomp right
- 17-20 Knees right (bend knees), knees left, knees right, knees left
21-24 Step right to right, step left behind right, step right to right, scuff left
25-28 Step left to left, step right behind left, step left to left, ½ turn left
- 29&30 Right cha-cha (right-left-right)
31&32 Left cha-cha (left-right-left)
33-34 Step right forward, ½ turn to left
- 35 Right heel forward and right hand out to right side
36 Right foot home and right hand down
37 Left heel forward and left hand out to left side
38 Left foot home and left hand down
39 Heel split and both hands out to side (two thumps up)
40 Heels home

REPEAT
