

# Good Morning Beautiful Day

**COPPER** KNOB  
STEPSHEETS

拍數: 32      牆數: 2      級數: Improver  
編舞者: Lisen Persson (SWE)  
音樂: Good Morning Beautiful - Steve Holy



This dance begins with a tag. It's a 16-count intro, and then a 2-count tag

## TAG

### STEP, SLIDE

1-2      Take a long step back on right, slide left next to right (weight on left)

## DANCE

### MAMBO, COASTER, TURN ½ LEFT & SHUFFLE BACK, COASTER

1&2      Rock right forward, recover weight to left, step right next to left  
3&4      Step left back, step right next to left, step left forward  
&5&6      Turn ½ left, step right back, step left next to right, step right back  
7&8      Step left back, step right next to left, step left forward

### LOCK STEP, STEP, TURN ¼ RIGHT, CROSS, ROCK & CROSS, TURN ¼ RIGHT, TURN ¼ RIGHT, CROSS

1&2      Step right forward, lock left behind right, step right forward  
3&4      Step left forward, turn ¼ right (weight on right), cross left over right  
5&6      Rock right to right, recover weight to left, cross right over left  
7&8      Turn ¼ right and step left back, turn ¼ right and step right to side, cross left over right

### SWAY X3, LONG STEP, BEHIND, SIDE, CROSS, ROCK, TURN ¼ RIGHT, STEP

1-3      Step right to right and sway hips right, left, right  
4&      Take a long step to left, drag right close to left  
5&6      Step right behind left, step left to left, cross right over left  
7&8      Rock left to left, turn ¼ right (weight on right), step left forward

### FULL TURN LEFT, KICK BALL TOUCH, TOE-TOUCHES TWICE, KICK BALL STEP

1&2      Make a full turn left (traveling forward) on right, left, right  
3&4      Kick left forward, step left next to right, touch right next to left  
5&      Touch right toe forward, step right behind left  
6&      Touch left toe forward, step left behind right  
7&8      Kick right forward, step right next to left, step left next to right

## REPEAT

## RESTART

On your 3rd wall, dance the first 28 counts (end with right touch beside left). Then start the dance from the beginning

## TAG

On your 5th wall, dance the first 20 counts. Then:

### BEHIND, TURN ¼ LEFT, STEP, STEP

5&      Cross right behind left, turn ¼ left and step left forward  
6&      Step right slightly forward, step left slightly forward

## END

On the last wall you dance the first 20 counts (ending left over right). Turn ¼ right and step forward on right

