

Good Morning Beautiful

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Lisa Ferguson (UK)
音樂: Good Morning Beautiful - Steve Holy



STEP RIGHT, SLIDE LEFT & CROSS RIGHT, STEP LEFT ¼ TURN LEFT, ¾ PADDLE TURN LEFT

1-2 Take long step to right, slide left beside right
&3-4 Step left beside right, cross right over left, step left ¼ turn left
&5&6 Touching right out, make two 1/8 paddle turns left
&7&8 Touching right out, make two ¼ paddle turns left

ROCK RIGHT & CROSS, ROCK LEFT & CROSS, ROCK FORWARD RIGHT, RONDE ½ TURN RIGHT, TRIPLE STEP

1&2 Rock to right side, rock weight back onto left, cross right over left
3&4 Rock left to left side, rock weight back onto right, cross left over right
5-6 Rock forward right, replace weight back onto left
7&8 Sweep right out and behind left making ½ turn over right, step right, left, right

MAMBO CROSS ROCK LEFT, CROSS RIGHT, ½ TURN RIGHT, MAMBO CROSS ROCK LEFT, CROSS RIGHT, ½ TURN RIGHT

1&2 Cross rock left over right, rock back on right, step left beside right
3&4 Cross right over left, step back left making ¼ turn right, step right ¼ turn right
5&6 Cross rock left over right, rock back on right, step left beside right
7&8 Cross right over left, step back left making ¼ turn right, step right ¼ turn right

CROSS ROCK LEFT, CHASSE LEFT WITH ¼ TURN LEFT, STEP RIGHT ½ PIVOT, FULL TURN OVER LEFT

1-2 Cross rock left over right, rock back on right
3&4 Step left to left side, close right beside left, step left ¼ turn left
5-6 Step right ½ pivot over left
7-8 Make full turn forward over left stepping right, left

REPEAT
