

A Good Man

拍數: 32 牆數: 0 級數:
編舞者: Dannielle Hutchinson (AUS)
音樂: A Good Man - Emerson Drive



- 1&2-3&4 Jump both feet out, jump both feet across (right in front of left), unwind $\frac{1}{2}$ left
3&4 Repeat 1&2
5&6-7&8& Cross right over left, step left to side, sweep/step right behind left, sailor step stepping left, right, left, step right together
- 1-2-3&4 Turn $\frac{1}{4}$ right and rock left to side, recover to right, sailor step stepping left, right, left
5&6-7&8& Turn $\frac{1}{4}$ and sailor step stepping right, left, right, coaster step stepping left, right, left, step right together
- 1&2-3&4& Rock left forward, recover onto right, turn $\frac{1}{4}$ right and rock left forward, recover to right, rock left back, recover to right
5&6&7-8 Turn $\frac{1}{2}$ right and step left back, turn $\frac{1}{2}$ right and step right forward, rock left forward, recover to right, step left back, slide/step right together
- 1-2-3-4 Step left forward, lock right behind left, step left forward, touch right together
5-6-7-8 Turn $\frac{1}{4}$ and step right forward, turn $\frac{1}{2}$ right and step left back, turn $\frac{1}{4}$ right and step right to side, touch left together
- 1-2-3&4 Bump hips left, bump hips right, turn $\frac{1}{4}$ left and step left forward, lock right behind left, step left forward

REPEAT

TAG

At the end of walls 2,5 and 7, add a rock, recover, cross, together

RESTART

During wall 3, after your cross, side, behind sweep, make a sailor step together and restart dance

During wall 6, restart dance after your rock, recover, turn $\frac{1}{4}$ right. Instead of making a rocking chair, paddle turn to the front and restart dance
