

Good Directions

拍數: 64 牆數: 2 級數: Improver
編舞者: Lyn Richardson & Annette Richardson
音樂: Good Directions - Billy Currington



FAN RIGHT HEEL, TOE, RIGHT HEEL BUMP TWICE, LEFT SAILOR, BEHIND SIDE STEP FORWARD

1-2-3-4 Fan right heel to right, fan right toe to right, right heel bump twice
5&6-7&8 Step left behind right, right to right side, left to left side (left sailor), step right behind left, step left to left side, step right forward

2 X 1/8 PADDLE TURNS, LEFT SAMBA, RIGHT SAMBA

1-2-3-4 Step left forward, turn right 1/8 take weight right, step left forward, turn right 1/8 take weight right
5&6-7&8 Cross left over right, step right to side, replace weight left, cross right over left, step left to side, replace weight right (left & right sambas traveling forward)

ROCK, REPLACE, SHUFFLE BACK LEFT, TOUCH, TURN 1/2 Right, RIGHT COASTER

1-2-3&4 Rock forward left, replace weight right, shuffle back left, right, left
5-6-7&8 Touch right toe back, turn right 1/2 keep weight on left, step right back, step left back together with right, step right forward (right coaster)

HIP ROCK FORWARD AND BACK, 1/2 TURN, 1/4 TURN, TOUCH

1-2-3-4 Hip rock left forward, replace weight right, hip rock left back, replace weight right
5-6-7-8 Step left forward, turn right 1/2 take weight right, turn 1/4 right stepping left to left side, touch right beside left

SIDE, BEHIND, SIDE, CROSS BALL HEEL, TOGETHER. LEFT, STEP RIGHT, LEFT, 1/2 TURN SHUFFLE

1-2&3&4 Step right to right side, step left behind right, right to right side, cross left over right, step ball of right next to left, left heel forward 45°
&5-6-7&8 Step left in place, step right forward, step left forward, turn left 1/2 shuffling back right, left, right

LEFT COASTER, 1/2 TURN SHUFFLE, ROCK, REPLACE, 1/4 TURN

1&2-3&4 Step left back, step right back together with left, step left forward (left coaster), turn left 1/2 shuffling back right, left, right
5-6-7-8 Rock back left, replace weight right, step left forward, turn right 1/4 take weight right

LEFT DOROTHY, RIGHT DOROTHY, ROCK, REPLACE, 1/4 TURN, DRAG WITH TOUCH

1-2&3-4& Step left forward, lock right behind left, step left forward, step right forward, lock left behind right, step right forward (left & right Dorothy steps)
5-6-7-8 Rock left forward, replace weight right, turn left 1/4 stepping left to side drag right to left with touch

2 X 1/2 PIVOT TURNS, HIP BUMPS RIGHT, HIP BUMPS LEFT

1-2-3-4 Step right forward, turn left 1/2 take weight left, step right forward, turn left 1/2 take weight left
5&6 (Step right foot slightly forward to right diagonal) hip bumps right, left, right
7&8 (Take weight back on left) hip bumps left, right, left

REPEAT

RESTART

On walls 2 & 4, dance up to count 56, then restart the dance facing front wall

FINISH

Dance finishes on wall 7. Dance to count 22, then add the following steps:

1-2 Turn right $\frac{1}{4}$ stepping right to side, bring left together
