

Good Day!

拍數: 32 牆數: 2 級數: Improver
編舞者: Pat Potter (USA)
音樂: Talking Optimist Blues - Neil Diamond



SIDE SHUFFLES: RIGHT-LEFT-RIGHT-HITCH ¼ TURN, LEFT-RIGHT-LEFT-HITCH ¼ TURN, RIGHT-LEFT-RIGHT, BEHIND-SIDE-FORWARD

1&2& Shuffle to side: right, left, right, hitch left making ¼ turn left
3&4& Shuffle to side: left, right, left, hitch right making ¼ turn left
5&6 Shuffle to side: right, left, right
7&8 Step left behind right, step right, step left slightly forward

SKATE RIGHT-SKATE LEFT, SHUFFLE RIGHT-LEFT-RIGHT, ROCK-RECOVER-¼ TURN-CROSS, TURN ¼-TURN ¼

1-2 Skate forward right, skate forward left
3&4 Shuffle forward right-left-right
5&6 Rock forward on left, recover on right making ¼ turn right, cross left over right
7-8 Making ¼ turn left, step back on right, make ¼ turn left stepping left to left side

CROSS, SIDE, RIGHT SAILOR STEP, LEFT SAILOR STEP, CROSS ROCK, RECOVER

1-2 Cross right over left, step side left
3&4 Step right behind left, step left, step right to right side
5&6 Step left behind right, step right, step left to left side
7-8 Cross rock right over left, recover on left

¼ RIGHT, TOE, STEP DOWN, SHUFFLE ½ TURN, SHUFFLE ½ TURN, MAMBO STEP

1-2 Point right toe out to right side (pointing ¼ right-new wall), step down on right foot (body facing new wall)
3&4 Step left making ¼ turn, step right together, step left making ¼ turn (this is a slow shuffle ½ turn)
5&6 Step right making ¼ turn, step left together, step right making ¼ turn (this is a slow shuffle ½ turn, ending at your new wall)
7&8 Rock forward on left, back on right, step left together

REPEAT

TAG

At the end of 1st, 3rd and 6th wall

1-2 Step forward on right, pivot ½
3-4 Step forward on right, pivot ½

DANCE ENDING

At the end of the 8th wall, do the tag, then step back to right diagonal, end
