

A Good Day To Run

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Anna Balaguer (ES)
音樂: A Good Day to Run - Darryl Worley



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|--------|--|
| 1-2 | Left rock forward, replace on right |
| 3&4 | Left shuffle backward turning $\frac{3}{4}$ to left |
| 5-6 | Touch right toe to right side, brush right toe beside left |
| 7-8 | Cross right over left, stomp left beside right foot |
| 9-10 | Step left forward, brush right beside left |
| 11-12 | Right rock backward, replace on left |
| 13-14 | Cross right over the left, replace on left |
| 15-16 | Step to right turning $\frac{1}{4}$ to right, step left to left turning $\frac{3}{4}$ to right |
| 17&18 | Kick right on forward & ball on right, cross left over right |
| 19-20 | Touch right toe to the right side, touch right toe beside left |
| 21-22 | Step forward on right foot (ball on right), touch left toe behind right foot |
| &23-24 | Step left backward, touch right heel forward, touch right heel diagonally to the right side |
| 25&26 | Touch right heel forward & step right backward, touch left heel forward |
| 27-28 | Touch left heel diagonally to the left, touch left heel forward |
| 29-30 | Left coaster step backward |
| 31&32 | Right shuffle forward |

REPEAT
