

# Good Day

**COPPER** KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Kirsteen Currie (UK)  
音樂: A Good Day to Run - Darryl Worley



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## FULL ROLLING TURN RIGHT TOUCH, FULL ROLLING TURN LEFT TOUCH

- 1-4      Step right foot  $\frac{1}{4}$  right, turn  $\frac{1}{2}$  right and step back on left, turn  $\frac{1}{4}$  turn right and touch left beside right
- 5-8      Step left foot  $\frac{1}{4}$  right, turn  $\frac{1}{2}$  left and step back on right, turn  $\frac{1}{4}$  turn left and touch right beside left

## RIGHT SIDE, TOUCH, LEFT SIDE, TOUCH, FORWARD, TOUCH, BACK, TOUCH

- 1-2      Step right to right side, touch left beside right
- 3-4      Step left to left side, touch right beside left
- 5-6      Step forward right, touch left beside right
- 7-8      Step back left, touch right beside left

## KICK, KICK BEHIND SIDE CROSS, KICK, KICK BEHIND SIDE CROSS

- 1-2      Kick right foot forward twice
- 3&4      Step right behind left, cross right over left
- 5-6      Kick forward left twice
- 7&8      Step left behind right, cross left over right

## RIGHT SIDE ROCK, SAILOR $\frac{1}{4}$ TURN, PIVOT RIGHT, LEFT SHUFFLE

- 1-2      Rock right to right side
- 3&4      Cross right behind left, step right to right side, step  $\frac{1}{4}$  turn right
- 5-6      Step left forward pivot  $\frac{1}{2}$  turn right
- 7&8      Step forward on left, step right behind left, step forward on left

**REPEAT**

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