

Good At It

拍數: 40 牆數: 4 級數: Improver
編舞者: Page Banfield (USA)
音樂: You Walked In - Lonestar



ROCK STEP, KICK RIGHT, WALK BACK, TRIPLE STEP WITH ½ TURN RIGHT

- 1-2 Step forward on left foot, step back on right foot
- 3-4 Step forward on left foot, kick forward on right foot
- 5-6 Step back on right foot, step back on left foot
- 7 Step back on right foot, start turning ½ turn to the right
- & Step on left foot, while still turning ½ turn to the right
- 8 Step on right foot (at this point you should be completely turned, and facing back wall)

½ TURN, KICK RIGHT, STEP BACK LEFT, ¼ TURN RIGHT

- 9 Step forward on left foot
- 10 ½ turn to the right ending with weight on the right foot
- 11-12 Step forward on left foot, kick right foot forward
- 13-14 Step right foot next to left foot, step left foot back behind right foot
- 15 Step forward on left foot
- 16 Pivot ¼ turn to the right on both feet (feet spread slightly apart)

STEP LEFT, STEP RIGHT, TRIPLE STEP LEFT RIGHT LEFT, STEP RIGHT, STEP LEFT, TRIPLE STEP, RIGHT, LEFT, RIGHT (SHIMMY)

- 17-18 Step out to the left on the left foot, step out to the right on the right foot
- 19 Step out to the left on the left foot
- &20 Step on the right foot, step out to the left on the left foot
- 21-22 Step out to the right on the right foot, step out to the left on the left foot
- 23 Step out to the right on the right foot
- &24 Step on the left foot, step out to the right on the right foot

LEFT GRAPEVINE, CROSS LEFT FOOT OVER RIGHT, RIGHT GRAPEVINE CROSS RIGHT FOOT OVER LEFT

- 25-26 Step out to the left on the left foot, cross right foot behind left foot
- 27 Step out to the left on the left foot
- &28 Step on the right foot, cross left foot over in front of right foot
- 29-30 Step out to the right on the right foot, cross left foot behind right foot
- 31 Step out to the right on the right foot
- &32 Step on the left foot, cross right foot over in front of the left foot

STEP LEFT, CROSS OVER RIGHT, STEP RIGHT, STEP BACK RIGHT, STEP FORWARD LEFT, STEP FORWARD RIGHT, ½ TURN TO THE LEFT, STEP FORWARD RIGHT

- 33 Step out to the left with the left foot,
- 34 Cross left foot over in front of right foot
- 35 Step out to the right side with the right foot
- 36 Step back on the right foot (shift weight to the right foot)
- 37-38 Step forward on the left foot, step forward on the right foot
- 39-40 ½ turn to the left, step forward on the right foot

REPEAT