

Good As New

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Penny Kelly (AUS)
音樂: They Don't Break 'Em Like They Used To - Pam Tillis



- 1-2 Kick right forward across body at 45 degrees left twice
&3&4 Step right to side, step left in place, raise left heel, drop left heel
5-8 Repeat above 4 counts
- 9-10 Pop right knee forward (straightening left), pop left knee forward (straightening right)
&11&12 Pivot ¼ turn left on ball of right, shuffle forward left-right-left
13-14 Touch right forward, pivot turn ½ turn left
15&16 Turning ¼ turn left side shuffle to right (right-left-right)
- 17&18 Kick left across body at 45 degrees right, ball change
19&20 Kick left across body at 45 degrees right, ball change
21-23 Touch left forward, pivot turn ½ turn right, step left beside right
&24 Raise both heels, drop both heels to floor
- 25-26 Touch right heel across body at 45 degrees left, touch right heel forward at 45 degrees right
&27-28 Step ball of right beside left, step left across in front of right, step right to side
&29-30 Step ball of left in place, step right across in front of left, step left to side
31-32 Roll hips to the left for 2 counts (weight on left)
- 33&34 Step right across behind left, step left to side, step right slightly to side (sailor step)
35-36 Pivoting ¾ turn left on ball of right swing left around, step left forward
37-38 Step right forward, step left forward beside right (slightly apart)
39-40 Pop right knee forward (straightening left), pop left knee forward (straightening right)
- &41&42 Pivot ¼ turn left on ball of right, shuffle forward left-right-left
43-44 Touch right forward, pivot turn ½ turn left
45&46 Turning ¼ turn left side shuffle to the right right-left-right
47-48 Twist ¼ turn left bending knees, twist ½ turn right straightening knees (weight on right)
- 49-50 Rock/step left forward, rock back on right
51&52 Shuffle back left-right-left
53-54 Touch right toe back, pivot ½ turn right on ball of left
55&56 Shuffle back left-right-left
- 57&58 Step back on left at 45 degrees left, cross right over left, step back on left
59&60 Step back on right at 45 degrees right, cross left over right, step back on right
61-62 Step left forward, pivoting ½ turn left on ball of left, step back on right
&63&64 Pivot ½ turn left on ball of right, shuffle forward left-right-left

REPEAT