

Gonna Take That Mountain

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Christine Bass (USA)
音樂: I'm Gonna Take That Mountain - Reba McEntire



RIGHT DIAGONAL SHUFFLE FORWARD, LEFT DIAGONAL SHUFFLE FORWARD, ROCK ¼ TURN STEP, TURN ¼, TURN ¼

1&2 Step right forward, step left next to right, step right forward
3&4 Step left forward, step right next to left, step left forward
5&6 Rock right forward, recover on left, make ¼ turn right stepping right forward (3:00)
&7&8 On ball of right foot, touch left toe to left side, paddle turn ¼ right, on ball of right foot, touch left toe to left side paddle turn ¼ right (total ½ turn) (9:00)

LEFT SAILOR, RIGHT SAILOR, CROSS LEFT BEHIND, ½ UNWIND, CROSSING SHUFFLE

1&2 Step left behind right, step right next to left, step left slightly to left
3&4 Step right behind left, step left next to right, step right slightly to right
5-6 Cross left behind right, unwind ½ turn left (3:00)
7&8 Cross right over left, step left to left side, cross right over left

LEFT TOE HEEL CROSS, RIGHT TOE HEEL CROSS, LEFT ½ TURN HEEL TWIST, LEFT COASTER STEP

1&2 Touch left toe at instep of right foot, touch left heel at instep of right foot, cross left foot over right
3&4 Touch right toe at instep of left foot, touch right heel at instep of left foot, cross right foot over left
5&6 Make a ½ turn left, twisting heels right, left, center (9:00)
7&8 Step left back, step right next to left (feet together), step left forward

RIGHT TOE HEEL CROSS, LEFT TOE HEEL CROSS, RIGHT ½ TURN HEEL TWIST, ROCK RECOVER, SCUFF, HITCH

1&2 Touch right toe at instep of left foot, touch right heel at instep of left foot, cross right foot over left
3&4 Touch left toe at instep of right foot, touch left heel at instep of right foot, cross left foot over right
5&6 Make a ½ turn right, twisting heels left, right, center (3:00)
7&8& Step right behind left, recover left, scuff right foot forward, hitch right foot forward

REPEAT