Gonna Build A Mountain



拍數: 64 牆數: 2 級數: Intermediate

編舞者: Doug Miranda (USA) & Jackie Miranda (USA)

音樂: Gonna Build a Mountain - Matt Monro



SIDE ROCK, RECOVER, CROSS, HOLD; SIDE ROCK, RECOVER, CROSS, HOLD

1-4 Rock right to right side, recover on left, cross right over left, hold 5-8 Rock left to left side, recover on right, cross left over right, hold

STEP FORWARD, ½ TURN LEFT, ½ TURN LEFT, KICK; WALK THREE STEPS BACK, HOLD

1-4 Step forward on right, pivot on left and make a ½ turn left, make another ½ turn left as you

step back on right, kick

5-8 Walk back left, right, left, hold

BACK COASTER STEP, HOLD; 1/4 TURN LEFT, CROSS, SIDE, CROSS, HOLD

1-4 Step back on right, bring left next to right, step forward on right (back coaster step)

5-8 As you make a ¼ turn left cross left over right, step right to right side, cross left over right,

hold

SIDE ROCK, RECOVER, CROSS, HOLD; 1/2 TURN RIGHT, 1/2 TURN RIGHT, STEP FORWARD, HOLD

1-4 Rock right to right side, recover on left, cross right over left, hold

5-8 Turn ¼ right as you step back on left, make a ½ turn right as you step forward on right, step

left forward, hold

STEP LOCK FORWARD, HOLD, 1/2 TURN RIGHT SIDE POINT, HOLD; STEP LOCK

1-4 Step forward on right, lock left behind right, step right forward, hold

5-8 Make a ½ turn right and point left to left side (weight still on right), hold, step left forward, lock

right behind left

STEP FORWARD, HOLD, STEP FORWARD, HOLD, ½ TURN RIGHT SIDE POINT, HOLD, CROSS, SIDE

1-4 Step forward on left, hold, step forward on right, hold

5-8 Make a ½ turn right and point left to left side (weight still on right), hold, cross left over right,

step right to right side

CROSS BEHIND, SIDE KICK, CROSS BEHIND, SIDE KICK, BACK COASTER STEP, HOLD

1-4 Cross left behind right, kick right to right side, cross right behind left, kick left to left side

5-8 Step back on left, step right next to left, step forward on left, hold

TWO ½ TURN PIVOTS TO LEFT, STEP FORWARD, HOLD (SNAP FINGERS), STEP FORWARD, HOLD (SNAP FINGERS)

1-4 Step forward on right, pivot ½ turn left, step forward on right, pivot ½ turn left

5-8 Step forward on right, hold and snap fingers, step forward on left, hold and snap fingers

REPEAT

ENDING

You will be starting the dance again to the back (6:00 wall). You will dance counts 1-20. Finish the dance as follows beginning with count 5, weight on right:

WEAVE TO RIGHT

5-6 As you turn ¼ turn left cross left over right, step right to right side 7-8& Step left behind right, step right to right side, cross left over right

LONG STEP TO RIGHT, DRAG, 4 COUNT HOLD; ¼ TURN LEFT STEP FORWARD, HOLD, STEP FORWARD, HOLD, ROCK FORWARD, RECOVER, RECOVER, ROCK BACK, RECOVER, TWO ½ TURNS RIGHT, STEP OUT-OUT, RAISE ARMS

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1-4	Take a long step to right, drag left next to right for 4 counts as you hold (weight remains on right)
5-8	Turn ¼ left to face front wall (12:00) and step forward on left, hold, step forward on right, hold
1-4	Rock forward on left, recover back on right, rock back on left, recover forward on right
5-8	Step left forward, pivot ½ turn right, step left forward, pivot ½ turn right
1-3	Step left out to left side, step right out to right side, bring both arms up from sides raising up