

Gone And Done It

拍數: 58 牆數: 4 級數:
編舞者: Marty Brooks (USA)
音樂: Love Gets Me Every Time - Shania Twain



KICK-BALL CHANGES, STOMP, CLAP

1-2 Kick right foot forward, step right foot beside left foot stepping left foot in place
3-4 Stomp right foot forward, clap
5-8 Repeat steps 1-4

MONTEREY TURNS

9-10 Touch right toe to right side, pivot ½ turn to right
11-12 Touch left toe to left side, step left foot beside right foot
13-14 Touch right toe to right side, pivot ½ turn to right
15-16 Touch left toe to left side, step left foot beside right foot

JAZZ BOX

17-18 Step right foot over left foot, step back on left foot
19-20 Step right foot to right, step left foot beside right foot
21-24 Repeat steps 17-20

CROSSWALKS WITH ¼ TURN TO RIGHT

25-26 Cross right foot over left foot, touch left toe out to left side
27-28 Cross left foot over right foot, touch right toe out to right side
29-30 Cross right foot over left foot, step back on left foot
31 Step back on right foot with ¼ turn to right

TWO LEFT KICKS, TRIPLE STEP IN PLACE

32-33 Kick left foot twice
34-36 Tripple step in place left right left

TWO RIGHT KICKS, TRIPLE STEP IN PLACE

37-38 Kick right foot twice
39-41 Triple step in place right left right

GRAPEVINE RIGHT, GRAPEVINE LEFT

42-43 Step right foot to right side, step left foot behind right foot
44-45 Step right foot to right side, touch left foot beside right foot
46-47 Step left foot out to left side, step right foot behind left foot
48-49 Step left foot out to left side, step right foot beside left foot

STEP PIVOT ½ LEFT TWICE, WIGGLE HIPS

50-51 Step right foot forward, pivot ½ to left
52-54 Step right foot forward, pivot ½ to left
55-58 Wiggle hips right left right left

REPEAT