Gone & Dun It

拍數: 48

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編舞者: Ed White (USA)

音樂: This Ain't No Thinkin' Thing - Trace Adkins

牆數: 4

STEPS BACK, COASTER STEP, WALK, WALK, OUT, STEP, CROSS Optional: lower and raise right and left shoulders while pointing down with index fingers and arms to side down both legs (on 1-2, 3&4) beginning right down, left up Step back on right foot Step back on left foot Step back on right foot Quickly step left foot beside right foot Step forward on right foot Walk forward on left foot Walk forward on right foot &7 Quick step left foot to left, step on right foot Step left foot across in front of and to the right of right foot POINT, HOLD, QUICK STEP, SCUFF, CROSS BALL CHANGES & SCUFF Point right toe to right as you turn 1/8 to right 10 Hold Quickly step right foot back 11 Step left foot across in front of right foot 12 Scuff right foot to right (still turned 1/8 right. The next 5 counts travels to left) 13 Step right foot across in front of and to left of left foot (keeping right crossed over left) &14 Quickly step on left foot, step on right foot &15 Quickly step on left foot, step on right foot (remember to travel left) Scuff left foot forward turning 1/8 to left (squaring up to original wall) 16 JAZZ BOX, JUMP FORWARD, HIP BUMPS Step left across in front on right foot 17 18 Step back on right foot 19 Step left foot beside right foot Jump forward on both feet 20 21 Bump hips right 22 Bump hips right 23&24 Bump hips left, bump hips right, bump hips left STEP PIVOT, WALK, SIDE, BEHIND, SIDE ¼ TURN, WALK 25 Step forward on right foot 26 ¹/₂ turn left transferring weight to left 27 Step forward on right foot 28 Step left foot to left 29 Step right foot behind left foot 30 Step left foot to left making 1/4 turn left 31 Make a ¹/₂ turn left 32 Walk forward on right foot 4 FORWARD WALKS, BODY ROLL, STEP RIGHT LEFT Attitude on walks! Use your imagination 33 Walk forward on left foot



級數:

- 34 Walk forward on right foot
- 35 Walk forward on left foot
- 36 Walk forward on right foot
- 37-38 2 count body roll to left
- 39 Step in place on right foot
- 40 Step in place on left foot

These 2 counts are just weight transfers

STEP BACK, HOLD, QUICK STEP, STEP, TOUCH & CLAP, SHUFFLE, STOMPS

- 41 Step back on right foot
- 42 Hold
- & Quickly step on left foot beside right foot
- 43 Step back on right foot
- 44 Touch left toes beside right and clap
- 45&46 Shuffle forward left, right, left
- 47 Stomp right foot
- 48 Stomp left foot

REPEAT