

Gone And Done It

拍數: 32 牆數: 4 級數:
編舞者: Larry Capeloto (USA)
音樂: That Girl's Been Spyin' On Me - Billy Dean



- 1&2 Shuffle forward (left-right-left)
- 3 Step forward on right foot
- 4 Pivot ¼ turn to the left on ball of right foot and shift weight to left foot
- 5&6 Shuffle forward (right-left-right)
- 7 Step forward on left foot
- 8 Pivot ¼ turn to the right on ball of left foot and shift weight to right foot

ROCKING CHAIR

- 9 Step forward on left foot
- 10 Rock back onto right foot
- 11 Step back on left foot
- 12 Rock forward onto right foot

WEAVE LEFT, TOE TOUCH

- 13 Step to the left on left foot
- 14 Cross right foot behind left and step
- 15 Step to the left on left foot
- 16 Cross right foot over left and step
- 17 Step to the left on left foot
- 18 Cross right foot behind left and step
- 19 Step to the left on left foot
- 20 Touch right toe next to left foot

WEAVE RIGHT, TOE TOUCH

- 21 Step to the right on right foot
- 22 Cross left foot behind right and step
- 23 Step to the right on right foot
- 24 Cross left foot over right and step
- 25 Step to the right on right foot
- 26 Cross left foot behind right and step
- 27 Step to the right on right foot
- 28 Touch left toe next to right foot

¾ TO THE LEFT STEP-TURN, ROCK STEPS

- 29 Step to the left on left foot and begin a ¾ to the left step-turn traveling to the left
- 30 Step on right foot and complete ¾ to the left traveling step-down
- 31 Step back on left foot
- 32 Rock forward onto right foot

REPEAT
