

# Gold

拍數: 32      牆數: 4      級數: Improver  
編舞者: Karl Winson (UK)  
音樂: Gold - Spandau Ballet



**44 second intro, start after the 2 drum beats on the word "Gold"**

## **SIDE HOLD, BACK ROCK, SIDE HOLD, BACK ROCK**

1-2      Step right foot to the right side, hold  
3-4      Rock back on the left, recover forward onto right  
5-6      Step left foot to the left side, hold  
7-8      Rock back on the right, recover forward onto the left

## **SIDE, BEHIND, RIGHT CHASSE, BACK ROCK, KICKBALL CHANGE**

1-2      Step right foot to the right, cross left behind right  
3&4      Step right foot to right side, step left beside right, step right to right side  
5-6      Rock back on the left foot, recover forward onto the right  
7&8      Kick right foot forward, step right beside left, step left foot in place

## **CHASSE ¼ TURN, STEP HALF TURN, RIGHT SHUFFLE, FORWARD ROCK**

1&2      Step left foot to left side, step right beside left, step left foot to left side making ¼ turn left  
3-4      Step forward on the right foot, make half a turn left

### **Restart here on wall 5**

5&6      Step right foot forward, close left foot behind right, step right foot forward  
7-8      Rock forward on the left, recover back on the right

## **BACK ROCK, SIDE ROCK, CROSS SHUFFLE, SIDE MAMBO**

1-2      Rock back on the left, recover forward on the right  
3-4      Rock left foot out to the left, recover back onto the right  
5&6      Cross left over right, step right to the right side, cross left over right  
7&8      Rock out to the right, recover onto the left, step right next to the left foot

## **REPEAT**

### **TAG**

#### **At the end of wall 2**

1-2-3&4      Rock right to right side, recover weight onto left, cross right behind left, step left to left side, cross right over the left  
5-6-7&8      Rock left to left side, recover weight onto right, cross left behind right, step right to right side, cross left over right

**Repeat the above section again**

### **RESTART**

**On wall 5 after the chasse ¼, step right half turn, start from the beginning**

### **TAG**

#### **At the end of wall 7**

#### **3 HEEL SWITCHES WITH 2 CLAPS**

1&2&3&4      Dig right heel out, step right next to left, dig left heel out, step left next to right, dig right heel out, clap twice

### **TAG**

**On wall 10, after the forward rock and back rock on the left, stomp your left foot and then your right foot**

