

Going Through Hell

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Improver
編舞者: Teri Rogers (USA)
音樂: If You're Going Through Hell (Before the Devil Even Knows) - Rodney Atkins



STOMP, KICK, COASTER STEP, LEFT SHUFFLE, RIGHT SHUFFLE

1-2 Stomp right foot, kick right foot forward
3&4 Step back right foot, step back left foot, step forward right foot
5&6 Step left foot forward, step right foot next to left, step left foot forward
7&8 Step right foot forward, step left foot next to right, step right foot forward

LEFT SCISSORS, RIGHT SCISSORS, ROCK FORWARD RECOVER, COASTER STEP

1&2 Rock out to left side with left foot, step right next to left, cross left over right
3&4 Rock out to right side with right foot, step left next to right, cross right over left
5-6 Rock forward on left, recover on right
7&8 Step back on left foot, step right next to left, step forward on left foot

KICK-STEP-POINT, KICK-STEP-POINT, ¼ TURNING JAZZ BOX

1&2 Kick right foot forward, step right foot next to left, point left foot to left side
3&4 Kick left foot forward, step left foot next to right, point right foot to right side
5-6 Cross right foot over left, step back on left foot
7-8 Turn ¼ right and step right foot to right side, step left foot next to right

TWIST, CLAP, TWIST, CLAP

1 Twist right heels to right
2 Twist right toes to right
3 Twist right heels to right
4 Clap hands over left shoulder
5 Twist left heels to left
6 Twist left toes to left
7 Twist left heels to left
8 Clap hands over right shoulder

REPEAT
