Going Through Hell

拍數: 72   **牆數:** 1   **級數:** Beginner

編舞者: Sherrie Poppa (USA)

音樂: If You're Going Through Hell (Before the Devil Even Knows) - Rodney Atkins

KICK BALL CHANGE (TWICE), ¼ TURN (TWICE)

1&2	Kick right forward, step right together, step left in place
3&4	Repeat 1&2
5-6	Step right forward, turn ¼ left (weight to left)
7-8	Repeat 5-6

VINE RIGHT, ½ TURN (TWICE)

9-12	Step right to side, step left behind right, step right to side, touch left beside right
13-14	Step left forward, turn ½ right (weight to right)
15-16	Repeat 13-14

HIPS FORWARD AND BACK

17-18	Step left forward and bump hips forward, bump hips forward
19-20	Bump hips back twice
21-24	Bump hips forward, back, forward, back

SHUFFLE, ½ TURN, SHUFFLE, ½ TURN

25&26	Shuffle forward stepping left, right, left
27-28	Step right forward, turn ½ left (weight to left)
29&30	Shuffle forward stepping right, left, right
31-32	Step left forward, turn ½ right (weight to right)

VINE LEFT, KICK BALL CHANGE (TWICE)

33-36	Step left to side, step right behind left, step left to side, stomp right beside left
37&38	Kick left forward, step left beside right, step right in place
39&40	Repeat 37&38

¼ TURN (TWICE), VINE LEFT

41-42	Step left forward, turn ¼ right (weight to right)
43-44	Repeat 41-42
45-48	Step left to side, step right behind left, step left to side, touch right beside left

½ TURN (TWICE), HIP FORWARD AND BACK

49-50	Step right forward, turn ½ left (weight to left)
51-52	Repeat 49-50
53-54	Step right forward and bump hips forward, bump hips forward
55-56	Bump hips back twice
57-60	Bump hips forward, back, forward, back

SHUFFLE, HALF TURN, SHUFFLE, HALF TURN, VINE RIGHT

61&62	Shuffle forward stepping right, left, right
63-64	Step left forward, turn ½ right (weight to right)
65&66	Shuffle forward stepping left, right, left
67	Step right forward, turn ½ left (weight to left)
69-72	Step right to side, step left behind right, step right to side, stomp left beside right