

Going Nowhere Slow

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Improver
編舞者: William Sevone (UK)
音樂: You Ain't Goin' Nowhere - The Byrds



SYNCOPATED FORWARD STEP-LOCKSTEP, CROSS STEP, STEP BACKWARD, SYNCOPATED BACKWARD STEP-LOCKSTEP, STEP BACKWARD, ¼ LEFT STEP FORWARD

1&2 Step forward onto left foot, lock right foot behind left, step forward onto left foot
3-4 Cross step right foot over left, step backward onto left foot
5&6 Step backward onto right foot, lock left foot across front of right, step backward onto right foot
7-8 Step backward onto left foot, turn ¼ left & step forward onto right foot

FORWARD SHORT CROSS STEP, STEP, ¼ LEFT WEAVE, SYNCOPATED CROSS STEP WITH ½ LEFT

9-10 (Short step) step left foot forward across right, step onto right foot (in place)
11-12 Turn ¼ left & step left foot to left side, cross step right foot over left
13-14 Step left foot to left side, cross step right foot behind left
15&16 Step left foot next to right, cross step right foot over left, unwind ½ left (weight on right foot)

2X FORWARD TOE HEEL STRUTS, SYNCOPATED CROSSING TOE HEEL STRUTS

17-18 Step forward onto left toe, drop left heel to floor
19-20 Step forward onto right toe, drop right heel to floor
21-22 Cross step left toe over right foot, drop left heel to floor
& Step left foot back to center
23-24 Cross step right toe over left foot, drop right heel to floor

FORWARD FULL TURN LEFT WITH STEP FORWARD, SYNCOPATED FORWARD STEP LOCKSTEP, ¼ RIGHT STEP BACKWARD, ¼ RIGHT SIDE STEP, WALK FORWARD: RIGHT-LEFT

25-26 Unwind ¾ left (weight on right foot), turn ¼ left & step forward onto left foot
27&28 Step forward onto right foot, lock left foot behind right, step forward onto right foot
29-30 Turn ¼ right & step backward onto left foot, turn ¼ right & step right foot to right side
31-32 Walk forward: left, right

REPEAT

DANCE FINISH

On the 10th wall dance up to and including count 16 (12:00) then cross touch left toe behind right foot with right hand on hat brim and left hand behind back