The Goin' Gets Tough

級數: Intermediate

編舞者: Ann Napier (NZ)

拍數: 48

音樂: When the Going Gets Tough - Boyzone

SYNCOPATED CHASSE TO RIGHT, SIDE ROCK, CROSS BEHIND, UNWIND FULL TURN

- 1-2 Step to right side on right foot, hold for 1 count clapping hands
- &3-4 Bring left foot beside right, step right on right, hold for 1 count clapping hands
- &5-6 Bring left beside right, rock out to right side on right foot, rock onto left side on left foot
- 7-8 Cross right foot behind left, unwind a full turn to right (weight ends on right foot)

SYNCOPATED CHASSE TO LEFT, SIDE ROCK, CROSS BEHIND, UNWIND FULL TURN

9-16 Repeat last 8 counts to left side

SYNCOPATED SIDE ROCKS, SAILOR SHUFFLE, CROSS BEHIND, UNWIND ½ TURN

- 1-2 Rock out to right side on right foot, rock onto left side
- &3-4 Bring right foot beside left, rock out to let side on left, rock onto right side
- 5&6 Cross left foot behind right, step right foot in place, step left foot slightly left
- 7-8 Cross right foot behind left, unwind ¹/₂ turn to right (weight ends on right)

LOCKING PUSH BACKS, KICK BALL TOUCHES TO SIDE

- 1-2 Cross left foot over right with left knee bent and right leg straight raising arms to shoulder height preparing to snap fingers, placing weight on left, straighten left leg while pushing right toe back to extend behind you at same time lean forward slightly and swing both arms down to snap fingers past hips
- 3-4 Step right heel down sliding left foot back to cross over right with left knee bent raising arms preparing to snap fingers, placing weight on left, straighten left leg while pushing right toe back to extend behind you at same time lean forward slightly and swing both arms down to snap fingers past hips
- 5&6 Kick right foot forward, step right foot in place, touch left toe out to left side
- 7&8 Kick left foot forward, step left foot in place, touch right toe out to right side

WEAVING VINE WITH ¼ TURN, ½ PIVOT TURN, 2 ½ TURNS (MAKING FULL TURN MOVING FORWARD)

- 1-2 Cross right foot over left, step left foot to left side
- 3-4 Cross right foot behind left, turn ¼ turn left on left foot
- 5-6 Step forward on right foot, pivot ½ turn to left
- 7-8 Make ½ turn over left shoulder stepping back on right foot, make ½ turn over left shoulder stepping forward on left foot

SYNCOPATED SIDE ROCKS, TOUCH BACK, ½ TURN, ½ PIVOT TURN

- 1-2 Rock out to right side on right foot, rock onto left side
- &3-4 Bring right foot beside left, rock out to left side on left foot, rock onto right side
- 5-6 Touch left toe back, ¹/₂ turn over left shoulder taking weight on left
- 7-8 Step forward on right foot, ½ pivot turn to left

REPEAT





牆數:4