

Goin' Down Rockin'

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 0 級數:
編舞者: Noel Castle (AUS)
音樂: Goin Down Rockin' - Nancy Sinatra & Lee Hazlewood



WALK RIGHT, WALK LEFT, SHUFFLE RIGHT-LEFT-RIGHT - WALK LEFT, WALK RIGHT, STEP, PIVOT ½ RIGHT, STEP

1-2-3&4 Walk right forward, walk left forward, shuffle forward right-left-right
5-6 Walk left forward, walk right forward
7&8 Step left forward, pivot ½ turn right (weight right), step left forward (6:00)

WALK RIGHT, WALK LEFT, SHUFFLE RIGHT-LEFT-RIGHT - WALK LEFT, WALK RIGHT, STEP, PIVOT ¼ RIGHT, CROSS

1-2-3&4 Walk right forward, walk left forward, shuffle forward right-left-right
5-6 Walk left forward, walk right forward
7&8 Step left forward, pivot ¼ turn right (weight right), cross left over right(9:00)

POINT RIGHT, STEP RIGHT, POINT LEFT, STEP LEFT - RIGHT JAZZ BOX ¼ RIGHT

1-4 Point right toe side, step right forward, point left toe side, step left forward
5-8 Cross right over left, step left back, step right side into ¼ turn right, close left to right (12:00)

POINT RIGHT, STEP RIGHT, POINT LEFT, STEP LEFT - RIGHT JAZZ BOX ¼ RIGHT

1-4 Point right toe side, step right forward, point left toe side, step left forward
5-8 Cross right over left, step left back, step right side into ¼ turn right, close left to right (3:00)

HIP BUMPS RIGHT&RIGHT, HIP BUMPS LEFT&LEFT - HIP BUMPS RIGHT&RIGHT, HIP BUMPS LEFT&LEFT ¼ RIGHT

1&2 Step forward right and bump hips forward-back-forward
3&4 Step forward left and bump hips forward-back-forward
5&6 Step forward right and bump hips forward-back-forward
7&8 Step forward left and bump hips forward-back-forward making ¼ turn right (6:00)

RIGHT ROCKING CHAIR - RIGHT KICK-BALL-CHANGE, RIGHT STOMP UP 2X

1-4 Rock right forward, recover left, rock right back, recover left
5&6 Kick right forward, step right back, step left slightly forward
7-8 Stomp right up next to left, stomp right up next to left (6:00)

REPEAT

TAG

After the first rotation add the following 16 counts

¼ RIGHT MONTEREY TURN X4

1-4 Touch right toe side, step right to left as you turn ¼ right, touch left toe side, step left to right (9:00)
5-8 Touch right toe side, step right to left as you turn ¼ right, touch left toe side, step left to right (12:00)
1-4 Touch right toe side, step right to left as you turn ¼ right, touch left toe side, step left to right (3:00)
5-8 Touch right toe side, step right to left as you turn ¼ right, touch left toe side, step left to right (6:00)