

# Goin' Down

拍數: 32      牆數: 2      級數: Intermediate  
編舞者: Simon Ward (AUS)  
音樂: Down By The Lazy River - The Osmond Brothers



- 1-2&3      Step right forward, shuffle very slightly forward bending knees slightly left, right, left  
4-5&6      Step right forward, shuffle very slightly forward bending knees slightly left, right, left  
7-8      Step right forward, pivot ½ turn left taking weight onto left foot
- 1-2      Step right forward, pivot ¼ turn taking weight onto left  
3-4      Cross/step right over left, step left to left side turning ½ turn right  
5-6      Complete ½ turn right by stepping right to right side and place right arm at 45 degrees left, place right arm at 45 degrees right  
7-8      Point right arm to right, do like a "come here" motion right hand and raise right leg  
**Arm movements are meant to go in time to music, basically bringing right arm from left to right**
- 1-2      Cross/step right over left, step left to left side  
3&4      Touch right toe slightly to right, step ball of right down beside left, cross/step left over right  
5-6      Step right to right side turning ¼ turn left, step left back turning ¼ turn left  
7-8      Cross/rock right over left, replace weight onto left
- 1-2      Step right to right, turn a full turn right on ball of right foot  
3-4      Touch left to left side, hold  
&5-6      Step left beside right, touch right to right side, raise right knee across left  
7-8      Touch right to right side, pivot ¼ turn right slightly bending right knee leaving right foot in place begin again

## REPEAT

## TAG

**At the end of wall 3 you will add 4 counts:**

- 1-2      Step right forward, step left slightly to left (feet apart)  
3      Put your hands behind your head  
4      Do a pelvic push

## RESTART

**At the end of the 5th wall you will restart after count 12 (though you will not do the ½ turn right, replace with ¼ turn right)**

---