

# Go With The Flow

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 2      級數: Improver  
編舞者: John Sharman (UK)  
音樂: Muddy Water - Speed Limit



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## STEP, TOUCH, BACK, LOCK

1-2      Step forward on left, touch right toe behind left heel  
3-4      Step back on right, lock left over right

## BACK, TOUCH, FORWARD, TOUCH

5-6      Step back on right, touch left toe over right  
7-8      Step forward left, touch right behind left heel

## SHUFFLE TURN, SCUFF

9-10      Step back right making  $\frac{1}{4}$  turn right, step left beside right  
11-12      Make  $\frac{1}{4}$  turn right stepping forward on right, scuff left foot forward

## TRIPLE $\frac{1}{2}$ TURN, KICK

13-14      Step slightly forward on left making  $\frac{1}{4}$  turn right, step right beside left  
15-16      Step back left, kick right foot forward

## SLOW COASTER, HOLD

17-18      Step back right, step on left beside right  
19-20      Step forward right, hold for one beat

## ROCK, RECOVER, CROSS, HOLD

21-22      Rock left to left side, recover on to right  
23-24      Cross left over right, hold for one beat

## ROCK, RECOVER, TURN, STEP

25-26      Rock forward on right, recover on to left  
27-28      Make a  $\frac{1}{2}$  turn back stepping forward on right, step forward left

## ROCK, RECOVER, BACK, HEEL

29-30      Rock forward right, recover on left  
31-32      Step back right, touch left heel forward

## REPEAT

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