拍數： 32
眚數： 4
級數：Intermediate
編舞者：Su Marshall（NZ）
音樂：Last Time，Uh－Huh（＇97 Techno Mix）－Scooter Lee

SAILOR SHUFFLE，SAILOR SHUFFLE，COASTER，HEEL SHIFTS
$1 \& 2 \quad$ Cross left foot behind right；step right to side；step left to center

3\＆4
5\＆6
7
\＆
8 Cross right foot behind left；step left to side；step right to center
Step back on left；close with right；step forward on left
Step right to side \＆swing both heels to right side
Swing heels to left
Swing heels to right \＆turn body $1 / 4$ turn to the left（so feet \＆body are facing same direction， i．e． $1 / 4$ turn left from original wall）
Feet should be about shoulder width apart for heel shifts
HITCH，STEP，STEP WITH HIP WIGGLES TWICE，CROSS－OVER，UNWIND ¾
9－10 Hitch left knee；step forward on left
11\＆12 Step right to 45 （on ball of foot）\＆wiggle hips right，left，right
These are quick wiggles－count＂ 3 \＆4＂，stepping down on whole of foot on 4
13\＆14 Step left to 45 and repeat wiggles to left side（count＂ $5 \& 6$＂stepping down on 6）
15－16 Cross right over left；unwind $3 / 4$ turn to the left（to face original wall）．
BOX TURN，CROSS，BALL，HEEL WITH ¼ TURN，FORWARD \＆TAP，BACK \＆TAP
17－18 Step left to 45，step right to 45 （parallel to left \＆about shoulder width apart）
19－20 Step back on left with $1 / 4$ turn to the left（right foot will have to move to be comfortable，while still keeping the same gap）；step forward on right with $1 / 4$ turn to the left（feet still apart－you will have stepped on all 4 corners of a square，hence the name＂box turn＂）
$21 \& 22 \quad$ Cross left over right；step right to side； $1 / 4$ turn to the left $\&$ tap left heel forward
23\＆24 Step onto left（moving it back slightly）；tap right toe behind left heel；step back on right；tap left heel forward

STEP \＆STAMP，HOLD，\＆STEP，STAMP SIDE，KNEE POPS， 3 COUNT HOLD
\＆25 Step onto left；stamp forward on right
26\＆27 Hold for 1 count；close left to right；step forward on right
28\＆29 Stamp left to side；pop right knee forward；pop left knee forward
30－32 Hold for 3 counts

REPEAT

