

Go Wild!

拍數: 0 牆數: 1 級數: Beginner
編舞者: Peter Metelnick (UK)
音樂: Wild One - BR5-49



Sequence: AB, AB, AA, The Ending

PART A

RIGHT SIDE SHUFFLE, LEFT ROCK BACK & RECOVER, ½ RIGHT & STEP SLIDE

- 1&2 Step right foot to right side, step left foot together, step right foot to right side
- 3-4 Rock step back on left foot, recover weight on right foot
- 5-6 Step left foot to left and turn ¼ right (now facing right side wall)
- 6 Pivot ¼ right on left foot and step right foot to right side (now facing back wall)
- 7-8 Step left foot to left side, slide right foot together (keeping weight on left foot)

RIGHT "JUMP" 'N SNAP, LEFT "JUMP" CURTSEY 'N SNAP, VINE RIGHT 3, LEFT CROSS SCUFF

- &1-2 Hop right foot to right side, touch left foot together, swing both arms up to right side (shoulder height) and snap fingers
- &3-4 Hop left foot to left side, touch right toes back and behind left (like you're about to curtsey), swing both arms down to left side (mid torso) and snap fingers
- 5-8 Step right foot to right side, cross step left foot behind right, step right foot to right side, scuff left foot across right foot

LEFT CROSS ROCK & RECOVER, LEFT SIDE SHUFFLE, RIGHT CROSS ROCK & RECOVER, RIGHT SHUFFLE TURNING ½ RIGHT

- 1-2 Cross rock left foot over right, recover weight on right
- 3&4 Step left foot to left side, step right foot together, step left foot to left side
- 5-6 Cross rock right foot over left, recover weight on left
- 7&8 Step right foot to right side starting to turn ½ right, step left foot to left continuing to turn ½ right, step right foot together completing ½ turn right (now facing forward)

VINE LEFT 2, ¼ LEFT & LEFT SHUFFLE, RIGHT FORWARD, ½ LEFT PIVOT, RIGHT & LEFT FORWARD

- 1-2 Step left foot to left side, cross step right foot behind left
- 3&4 Step left foot to left side turning ¼ left, step right foot together, step left foot forward (now facing left side wall)
- 5-6 Step right foot forward, pivot ½ left (now facing right side wall)
- 7-8 Step right foot forward, step left foot forward

SHAKE IT!, RIGHT JAZZ BOX

- 1&2 Step right foot slightly forward while bumping hips forward, bump hips back, bump hips forward (weight ends on right foot)
- 3&4 Step left foot slightly forward while bumping hips forward, bump hips back, bump hips forward (weight ends on left foot)
- 5-8 Cross step right foot over left, step left foot back, step right foot to the right side, step left foot together

RIGHT SIDE TOUCH, HOLD 3, RIGHT CROSS STEP, UNWIND ¾ LEFT IN 3 COUNTS

- 1-4 Touch right toes to right side, hold for 3 counts
- 5-8 Cross step right foot over left, unwind ¾ left for the next 3 counts (will now be facing back wall with weight ending on left foot)

PART B

RIGHT SIDE SHUFFLE, ¼ LEFT & LEFT SIDE SHUFFLE, RIGHT ROCK FORWARD & BACK

- 1&2 Step right foot to right side, step left foot together, step right foot to right side
- &3&4 Pivot ¼ left on right foot while raising left foot, step left foot to left side, step right foot together, step left foot to left side (now facing right side wall)
- 5-8 Rock step right foot forward, recover weight on left foot, rock step right foot back, recover weight on left foot

¼ LEFT & RIGHT SIDE SHUFFLE, ¼ LEFT & LEFT SIDE SHUFFLE, RIGHT ROCK FORWARD & BACK

- & Pivot ¼ left on left foot while raising right foot
- 1-8 Repeat above 8 counts to end facing left side wall

RIGHT KICK, TOGETHER, LEFT SIDE TOUCH, LEFT SAILOR SHUFFLE, RIGHT CROSS STEP, HOLD, LEFT SIDE STEP, HOLD

- 1&2 Kick right foot forward, step right foot together, touch left toes to left side
- 3&4 Cross step left foot behind right, step right foot to right side, step left foot in place
- 5-6 Cross step right foot over left, hold
- 7-8 Step left foot to left side, hold

RIGHT BACK, LEFT CROSS STEP, HOLD FOR 3, GO WILD!

- &1-4 Step right foot back, cross step left foot over right, hold for counts 2-4 (optional-snap fingers on left hand & tap left heel down)
- 5-8 Step right foot to right side, slide left foot together for 3 ending with weight on left foot (or shimmy right for 4 counts)

REPEAT COUNTS 49-80

- 1-32 Repeat above 32 counts to end facing front wall

THE END OF COOL

RIGHT SIDE SHUFFLE, ¼ LEFT & LEFT SIDE SHUFFLE, RIGHT ROCK FORWARD & BACK

- 1&2 Step right foot to right side, step left foot together, step right foot to right side
- &3&4 Pivot ¼ left on right foot while raising left foot, step left foot to left side, step right foot together, step left foot to left side (now facing left side wall)
- 5-8 Rock step right foot forward, recover weight on left foot, rock step left foot back, recover weight on left foot

RIGHT SIDE SHUFFLE, ¼ LEFT & LEFT SIDE SHUFFLE, RIGHT ROCK FORWARD & BACK

- & Pivot ¼ left on left foot while raising right foot
- 1-8 Repeat above 8 to end facing right side wall

¼ RIGHT & "INCH" RIGHT 3X

- & Pivot ¼ left on left foot while raising right foot
- 1-2 Step right foot to right side, hold
- & Step left foot together
- 3-4 Step right foot to right side, hold
- & Step left foot together
- 5-6 Step right foot to right side, hold (the end!)

This dance is dedicated to all the Wild Ones in my London classes!
