

Hang On In There

COPPER KNOB
BY STEPHEN HETS

拍數: 48 牆數: 4 級數: Improver
編舞者: Elaine "Lainey" Neck (UK)
音樂: Hang on in There Baby - Curiosity



½ TURN HEEL SWITCHES RIGHT & LEFT, RIGHT SAILOR STEPS, ¼ TURN TWICE

1&2 Right heel forward, touch right next to left foot, left heel forward making ¼ turn left
&3&4- Touch left toe next to right foot, right heel forward, touch right next to left step left heel forward turning ¼ turn left
5&6 Step back left, step right next to left, step forward left
7&8 Step right behind left step left next to right step forward right turning ¼ turn to right

SKATES, POINT ½ HALF TURN, POINT ¼ TURN KICK, COASTER STEP

1-2 Skate left, skate right
3-4 Point left toe forward, point left toe behind right making ½ turn left
5-6 Point left toe to left side turn ¼ turn left, kick left foot forward
7&8 Step back on left, step right next to left, step forward left

FULL TURN, SIDE SHUFFLE, ROCK, SIDE SHUFFLE

1-2 Full turn right stepping right left (traveling to right)
3&4 Step right to right side, left next to right, right to right side
5-6 Rock left over right recover on right
7&8 Step left to left side, right next to left, left to left side

SAILOR STEP ¼ TURN, SIDE SHUFFLE, SAILOR STEP ¼ TURN, LEFT SHUFFLE FORWARD

1&2 Step right behind left, step left next to right, step forward right turning ¼ turn to right
3&4 Step left to left side, right next to left, left to left side
5&6 Step right behind left, step left next to right, step forward right turning ¼ turn to right
7&8 Step left forward, right next to left, step forward left

SYNCOPATED WEAVE, SIDE ROCK, COASTER STEP ¼ TURN LEFT

&1&2 Right foot to right side, left behind right, right to right side, left over right
&3&4 Right to right side, left behind, right to right side, left over right
5-6 Rock right to right side, recover on left
7&8 Step back on right, step left next to right, step forward on right ¼ turn to left

HIP BUMPS X 6, THEN FULL TURN RIGHT

1&2 Bump hips left, right, left (traveling forward)
3&4 Bump hips right left right traveling forward)
5&6 Bump hips left, right, left (traveling forward) (weight ending on left)
7&8 Full turn to right stepping right left

REPEAT

RESTART

On the 3rd wall dance first 16 counts then start the dance again