

Hands Off

COPPER **NOB**
BY STEPHEN BRETZ

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Adrian Churm (UK)
音樂: Keep Your Hands To Yourself - Ethan Allen



Consultant: Ed Lawton

TWO WALKS FORWARD, SYNCOPATED LOCKS, COASTER STEP FULL TURN LEFT POINTING RIGHT FOOT IN AND OUT

- 1-2 Step right foot forward, step left foot forward
- 3&4 Step right foot forward, cross ball of left foot behind right, step right foot forward.
- 5-6 Step left foot forward replace weight back onto the right foot
- 7&8 Step left foot back, right foot closes towards left, step left foot forward
- 9&10&11&12 Making a full turn to the left point right foot to the right side out, in, out, in, out, in, out to propel you around

WEAVE LEFT AND RIGHT WITH HEEL JACKS, HEEL JACKS MOVING BACKWARDS, CROSS TURN, SYNCOPATED HIP BUMPS RIGHT, LEFT, RIGHT WITH FINGER CLICKS

- 13-14 Step right foot forward and across left, step left foot to the left side
- 15&16 Step right foot back and behind left, step left foot to the left side, touch right heel diagonally forward to the right
- &17-18 Right foot closes towards left, step left foot forward and across right, step right foot to the right side
- 19&20 Step left foot back and behind right, step right foot to the right side, touch left heel diagonally forward to the left
- &21&22 Left foot closes towards right, step right foot forward and across left, step left foot to the left side, touch right heel diagonally forward to the right
- &23&24 Right foot closes towards left, step left foot forward and across right, step right foot to the right side, touch left heel diagonally forward to the left
- &25-26 Left foot closes towards right, cross right foot over left, unwind making half a turn to the left (weight ending on the left foot feet almost together)
- 27&28 Bump hips right, left, right ending with weight on the right foot. (click fingers on the right hand out to the right twice)

REVERSE SAILOR STEPS MOVING FORWARD, WEAVE TO RIGHT, SAILOR STEP, WEAVE TO THE LEFT, SAILOR STEP

- 29&30 Step left foot forward and across right, step ball of right foot to the right, left foot steps almost in place
- 31&32 Repeat 29 & 30 On the opposite foot
- 33-34 Step left foot forward and across right, right foot steps to the right
- 35&36 Step left foot back and behind right, step ball of right foot to the right side left foot steps almost in place
- 37-40 Repeat 33-36 on the opposite foot

CROSS BEHIND TURN, PIVOT TURN, SIDE AND BEHIND POINT TWICE WITH ARM MOVEMENTS, QUARTER TURN RIGHT

- 41-44 Cross left foot behind right, unwind half a turn to the left, step right foot forward, pivot turn half a turn left weight ending on left
- 45-46 Point right foot diagonally forward to the right, point right foot across left
- 47-48 Point right foot diagonally forward right, bending the left knee point right foot diagonally back behind left and look down to the left foot at the right . (as you are doing 45-48 click your fingers on the right hand in front of your face then swing the arm back down again and click fingers)

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To start dance again make a quarter turn to the right stepping onto the right foot

REPEAT
