Hand In Hand (P)



拍數: 64 牆數: 0 級數: Partner

編舞者: Caroline French & Terry French

音樂: Just Another Woman In Love - Anne Murray



Position: Side by side LOD, holding inside hands - weight on inside feet. Man's steps given. Lady mirror image unless otherwise stated

CROSS POINT, SIDE POINT, FORWARD SHUFFLE, TWICE

1-2-3&4 Cross and point left over right, point left to left side, left shuffle forward Cross and point right over left, point right to right side, right shuffle forward

ROCK, RECOVER, ½ TURN SHUFFLE, STEP, ½ TURN PIVOT, FORWARD SHUFFLE

9-10 Rock forward on left, recover onto right
11&12 (Release hands) ½ turn shuffle turning left
13-14- Step forward right, pivot ½ turn left (weight on left)

15&16 (Rejoin hands) right shuffle forward

CROSS, BACK, TRIPLE 1/4 TURN, SWAY, SWAY, SIDE, TOGETHER, 1/4 TURN

17-18 Cross step left over right, step back right

19&20 Triple ¼ turn left (now back to back with both hands joined)

21-22 Sway right, sway left

Step right to right side, step left beside right, (release trailing hands) step ¼ turn right

½ TURN, ½ TURN, FORWARD SHUFFLE, ROCK, RECOVER, TRIPLE ¼ TURN

25-26 (Release hands) turn ½ turn right stepping back on left, turn ½ turn right stepping forward on

right

27&28 (Rejoin inside hands) left shuffle forward 29-30 Rock forward right, recover onto left

31&32 Turn ¼ right stepping right, left, right (now facing partner in double hand hold)

WALK, WALK, TRIPLE ½ TURN, SIDE, BEHIND, SIDE SHUFFLE WITH ¼ TURN

33-34 (Release trailing hands) step forward left, right (lady passing under raised hands)
35&36 Triple ½ turn left, stepping left, right, left (gent now facing ILOD, lady facing OLOD)

37-38 (Double hand hold) step right to right side, cross left behind right

39&40 Step right to right side, step left beside right, (release leading hands) step right ¼ turn to face

LOD

ROCK, RECOVER, ½ TURN SHUFFLE, STEP, ½ TURN PIVOT, TRIPLE ¼ TURN

41-42 Rock forward on left, recover onto right 43&44 (Release hands) ½ turn shuffle turning left

45-46 Step forward right, pivot ½ turn left (weight on left)

47&48 (Rejoin inside hands) turn 1/4 left stepping right, left, right (now facing partner in double hand

hold)

WALK, WALK, TRIPLE ½ TURN, ROCK, RECOVER, BEHIND, ¼ TURN, STEP

49-50 (Release leading hands) step forward left, right (lady passing under raised hands) 51&52 Triple ½ turn left, stepping left, right, left (gent now facing OLOD, lady facing ILOD)

53-54 (Double hand hold) rock right to right side, recover onto left

55&56 Cross right behind left, (release leading hands) turn ¼ turn left stepping forward on left

(facing LOD), step forward right

WALK, WALK, FORWARD SHUFFLE, TWICE

57-58 Walk left, right
59&60 Left shuffle forward
61-62 Walk right, left
63&64 Right shuffle forward

REPEAT