

Hampton Wiggle

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Edward Poole (USA) & Naomi Edwards
音樂: I Like It, I Love It - Tim McGraw



SHIMMY TO THE RIGHT, CLAP

- 1 Step to the right with right foot.
- 2-3 Move shoulders forward (right, left, right, left).
- 4 Slide left foot next to right and clap.

TAP LEFT HEEL TO SIDE, JUMPING JACK STEPS, PIVOT LEFT ½ TURN, UNRAVEL, CLAP:

- 5 Tap heel at 10 o'clock position.
- 6 Jump in place, crossing right foot over left, landing on the balls of both feet.
- 7 Jump in place, uncrossing legs, landing with left foot at 8 o'clock position and right heel at 2 o'clock position.
- 8 Jump in place, crossing left foot over right, landing on the balls of both feet.
- 9 Jump in place, uncrossing legs, landing with right foot at 4 o'clock position and left heel at 10 o'clock position.
- 10 Jump in place, crossing right foot over left, landing on the balls of both feet.
- 11-12 On balls of both feet, pivot ½ turn to left shifting weight to left foot, unwinding legs and clap.

SHUFFLE FORWARD (RIGHT-LEFT-RIGHT), SHUFFLE FORWARD (LEFT-RIGHT-LEFT):

- 13&14 Shuffle forward right
- 15&16 Shuffle forward left

PIVOT LEFT ½ TURN, SHUFFLE FORWARD (RIGHT-LEFT-RIGHT):

- 17 Step forward on right foot.
- 18 On balls of both feet, pivot ½ turn to the left shifting weight to left foot.
- 19&20 Shuffle forward right

LEFT VINE:

- 21-24 Vine left (step left foot to the left, cross right foot behind left foot, step left foot to the left, touch right foot next to left).

JUMPING JACK, JUMPING JACK CROSS LEGS, PIVOT LEFT ½ TURN, UNRAVEL, CLAP:

- 25 Jump in place landing with both feet spread shoulder width apart
- 26 Jump in place crossing the right foot over the left, landing on balls of both feet.
- 27-28 On balls of both feet, pivot ½ turn to left shifting weight to left foot, unwinding legs and clap.

SHUFFLE FORWARD (RIGHT-LEFT-RIGHT), SHUFFLE FORWARD (LEFT-RIGHT-LEFT):

- 29&30 Shuffle forward right
- 31&32 Shuffle forward left

REPEAT
