

Half A Man

拍數: 32 牆數: 2 級數: Beginner
編舞者: Paulette Hylands (UK)
音樂: Half a Man - Anthony Smith



CROSS STRUT, RIGHT SIDE SHUFFLE, BACK CROSS ROCK, RECOVER, STEP, HOLD

1-2 Cross left toes over right, drop heel
3&4 Step right to right side, close left foot to right, step right to right side
5-6 Cross rock left behind right, recover weight to right
7-8 Step left beside right, hold

CROSS STRUT, LEFT SIDE SHUFFLE, BACK ROCK, RECOVER, STEP, HOLD

1-2 Cross right toes over left, drop heel
3&4 Step left to left side, close right to left, step left to left side
5-6 Cross rock right behind left, recover weight to left
7-8 Step right beside left, hold

STEP LEFT FORWARD, ½ PIVOT RIGHT, CLAP, CLAP, LEFT TOE STRUT, RIGHT TOE STRUT

1-2 Step left foot forward, on balls of feet pivot ½ turn right
3-4 Clap hands, clap hands
5-6 Step left toes forward, drop heel
7-8 Step right toes forward, drop heels

GRAPEVINE LEFT, BACK CROSS ROCK STEP, RECOVER, BIG SIDE STEP, STEP TOGETHER, HOLD

1-2 Step left to left side, cross right behind left
3-4 Step left to left side, cross rock right behind left
5-6 Recover weight onto left, make large step to right with right foot
7-8 Touch left beside right, hold

REPEAT
